BRAINSTORM...

What does the word temptation mean? (You may look it up in a dictionary, but use your own words.)

Write down five things that can be a temptation:
1. 
2. 
3. 
4. 
5. 

From your list, circle the temptation that’s hardest for you. What can you do to battle your hardest temptation?

BIBLE STUDY

The following verses comfort us and/or tell us how we can beat temptation. Look up each verse and write out the words:

1. 1 Corinthians 10:13 –

2. Matthew 26:41 –

3. Hebrews 4:15 –

Which of these verses give you the most comfort in dealing with temptation?

Challenge yourself and see if you can memorize that verse this week!