

Super Fruit: VBS

This Vacation Bible School is designed to teach children about the Fruit of the Spirit found in Galatians Five. If you have a small group of children it is suggested that you keep them together as a group the whole time. If you have a large group of children it is suggested that you only keep them together for the introduction and worship; then you break them into age groups and have them rotate through activities. This VBS was designed for five half-days.

DAY ONE

Introduction and Worship

Host says: Welcome to the first day of our Super Fruit Vacation Bible School! Who is excited? (Wait for them to answer). We are SOOOOO happy to have all of you here to join us today! Does anybody know what the fruit of the spirit are? (Wait for them to answer). The fruit of the spirit are different areas that we grow in when we focus our attention on Jesus. Today we are going to learn about two of these fruit, love and joy. Does anybody know what love is? (wait for them to answer). Love is when we care about a person very deeply, our mom's and dad's show us love by giving us hugs, but we can also show love in other ways. We can show love to our friends by sharing our toys, we can show love to our neighbors by cleaning up the block, and we can show love to Jesus by worshipping Him! Does anybody know what joy is? (wait for them to answer). Joy is like happiness, but it feels like it is bubbling from within. We can express our joy by worshipping Jesus! Who is ready to worship Jesus today? I AM!

Worship: (Please note: if you do not have a copy of these songs you can find them on YouTube)

- Every Move I Make
- Who is the King of the Jungle?
- Fruit of the Spirit

Prayer: Dear Jesus, thank you so much for who you are, thank you for being an awesome God. We pray that our hearts can be open to know you and to dig deep into your word. We pray that we can learn and grow in the fruits of the spirit while having fun. Help this week to plant seeds in our lives. Bless everybody who is here today. Amen.

Skit and Indoor Activity

Characters for the Skit:

- Stanley – a young boy who knows how to get himself into trouble
- Stacey – Stanley’s tattletale little sister
- Parker – Stanley’s good friend
- Old-Man-Billy

Skit:

(Stanley and Parker are playing outside in the backyard)

Stanley: Parker, I’m board, let’s do something else

Parker: What do you have in mind Stanley?

Stanley: Hmm, I have an idea, let’s throw rocks into Old-Man-Billy’s backyard to see how long it takes him to notice.

Parker: I don’t know, I feel like this is a bad idea, Stanley.

Stanley: Oh come on, Parker, are you scared?

Parker: I’m not scared; I just don’t think Old-Man-Billy would like us throwing rocks into his yard.

Stanley: It’s only a game! (Stanley picks up a rock and throws it over the fence)

(Stacey comes on scene)

Stacey: I saw that and I’m going to tell Old-Man-Billy what you did!

(Stacey skips over to Old-Man-Billy’s yard)

Parker: Great, your little sister saw you, now we are both in trouble!

Stanley: RUN!!

(Old-Man-Billy sticks his head over the fence)

Old-Man-Billy: Hey! You boys stop right there!

(Stanley and Parker turn around)

Parker: It wasn’t me, I swear!

Old-Man-Billy: I want both you boys to come over here. I can see that you are board, so I have something for you boys. BUT, first Stanley needs to come receive that rock that he threw.

(Stanley and Parker look worried and start to shake. Stanley walks over and picks up the rock).

Old-Man-Billy: Here you go boys! (Old-Man-Billy hands Stanley a football).

Stanley and Parker: Thanks!!!

Stacey: Why would you give them a football when they were being mean?

Old-Man-Billy: Well, Stacey, I gave it to them because the Bible tells me in the Book of Matthew chapter five and verse 44 to love my enemies and to pray for them. It also says in the book of James chapter one and verse two that I should consider it joy when I face trials.

Stacey: Why would the Bible say that?

Old-Man-Billy: Well I guess it is because I get the opportunity to share Jesus even when others are not being kind. Did you know that Jesus loved us so much that even when we sinned he chose to die so that we could be forgiven?

Stacey: Jesus died?

Old-Man-Billy: Yes, but don't worry, that wasn't the end of the story. Jesus rose from the dead and defeated death so that someday we can go to heaven. All we need to do is believe in Jesus and ask for forgiveness.

Stanley: Do you think Jesus could forgive a person like me?

Old-Man-Billy: Of course! You just need to ask him.

Stanley: How do I do that?

Old-Man-Billy: Well, fold your hands and close your eyes and just talk to God like you would talk to a friend, tell Him that you are sorry.

(Stanley closes his eyes and folds his hands)

Stanley: Hi God, it's me Stanley, I did something bad today... I threw a rock into Old-Man-Billy's yard. I know that I shouldn't do bad things, and I am REALLY sorry, please forgive me. Amen!

(end skit)

Host Says: Did you enjoy that skit today boys and girls? (wait for them to answer). Stanley wasn't very kind to Old-Man-Billy, but Old-Man-Billy chose to love Stanley anyways. Old-Man-Billy knew that with Jesus he could be full of joy despite how Stanley was behaving. It was because of the love and the joy that Old-Man-Billy had that Stanley was able to learn about Jesus and was able to ask Jesus for forgiveness. What an amazing experience!

Indoor activity: The trust game: have the kids fall backwards into the arms of their leader. Tell the kids that Jesus loves them SO much and they can trust Jesus just like they are trusting their leader to catch them.

Craft

This will be a continual craft; each day you give the kids one of two different foam-fruits to paint/ decorate/ glitter (mattering how many fruit they are learning about that day). If you are unable to find foam fruit, then it is suggested that the leaders create paper-mache fruit in advance for the kids to paint/ decorate/ glitter. Write: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control, on each of the fruit as they learn about them. Give each of the children a basket to keep/ take their fruit home in. Their craft stays at the church until the end of the week when it is finished.

Small-Group, Snack, Down-Time

Small-Group leader says: Today we are learning about love and joy, let's see what the Bible has to say about love. **Read: Matthew 22:34-40.** God wants us to love Him and to love the each other. Let's brainstorm some idea of how we can love God, (as they give you ideas write them down). Now let's brainstorm some ideas of how we can love others, (as they give you ideas write them down). This is great, we have come up with some many amazing ideas! Now let's see what the Bible says about joy. **Read: Romans 15:13.** This means that the more we trust and believe in Jesus, the more we are filled with joy. This happens because God is the source of joy.

Snack Suggestion: Each day give the kids a different fruit and juice

Down-time: Give the kids coloring pages or activity sheets based on the fruit of the spirit. (You can find free coloring pages and activity sheets on Pinterest).

Outside Activity

Don't break the balloon: Splits the kids into teams of two and give each team a water balloon. Get the kids to gently toss the balloon to each other and with each toss they take a step backwards. The last team to have their balloon break is the winner. (mattering how much time you have you can play this game several times).

DAY TWO

Introduction and Worship

Host says: Welcome back boys and girls! Who is ready for the second day of our Super Fruit Vacation Bible School? (wait for them to answer). Does anybody remember what we learned about yesterday? (wait for them to answer), that is right, we learned about love and joy! Today we are going to continue to learn about the fruit of the spirit as we talk about peace and patience. Can anybody tell me what peace is? (give them time to answer). Peace is kind of like being still inside of ourselves, even when things don't go our way we can have peace if we trust in Jesus. Can anybody tell me what patience is? (wait of them to answer). Patience is when something takes a VERY long time and we wait without getting irritated or upset. Ok, who is ready to start our super awesome day? (wait for them to answer). Let's begin by worshipping God together!

Worship: (Please note: if you do not have a copy of these songs you can find them on YouTube)

- I'm in the Lord's Army
- Open the Eye's of my Heart
- Fruit of the Spirit

Prayer: Dear Jesus, thank you for teaching us about love and joy yesterday and help us to learn about peace and patience today. We thank you so much that we are able to come together and learn about the Bible. Please help us to have fun! We love you so much Jesus! Amen.

Skit and Indoor Activity

Characters for the Skit:

- Stanley – a young boy who knows how to get himself into trouble
- Stacey – Stanley's tattletale little sister
- Parker – Stanley's good friend
- Old-Man-Billy

Skit:

(Stanley and Parker and playing with their football in the backyard)

Stanley: How long does it take cookies to bake?

Parker: I don't know, but it feels like your mom put them in the oven hours ago

Stanley: I have an idea! Let's go eat the cookies

Parker: I don't know Stanley, that sounds like a bad idea...

Stanley: What do you mean, Parker, this way we still get the cookies without the wait!

Parker: My mom says that raw cookies are bad for me

Stanley: Oh come on Parker, will one cookie actually hurt?

(Old-Man-Billy sticks his head over the fence)

Old-Man-Billy: Hi boys, I was just working on my garden when I overheard your conversation. I wanted to talk to you boys about patience and patients.

Stanley: I hate being patient!

Old-Man-Billy: That is because you don't know how to be patient. Now, let's see... (Old-Man-Billy pulls out a Bible). Proverbs 19:11 says, "A person's wisdom yields patience."

Parker: Old-Man-Billy, what does that mean?

Old-Man-Billy: Well Parker, it means that it is sensible to be patient. Now, to teach you boys HOW to be patient; whenever I have trouble with my patients I focus on what I do have.

Stanley: But we don't have cookies now

Old-Man-Billy: No, but you do have a football, so instead of focusing on the cookies, why don't you focus on the fun you are having while tossing that ball around.

Parker: Let's give it a shot.

(Stanley and Parker pass the ball back and forth)

Stanley: HEY, this is actually working!

Old-Man-Billy: Good, that is because you have peace about your situation.

Parker: What do you mean by that?

Old-Man-Billy: Well, peace is being satisfied with where you are at. Peace is the opposite of causing problems. If you had taken the cookie doe, you would have caused problems. The Bible says in the book of Matthew chapter five and verse nine that the peacemakers are blessed, and today you boys were peacemakers by not taking the cookie doe.

(Stacey comes outside)

Stacey: Stanley, Parker, mom says that the cookies are ready to eat!

Stanley: Oh boy, just what we were waiting for! Thank you Old-Man-Billy for teaching us about peace and patients today!

(end skit)

Host Says: It sounds like Stanley and Parker learned a lot from Old-Man-Billy today. Sometimes having peace and patients can be hard, but they are two of the super fruits that God helps us grow in. Even somebody like Stanley, who doesn't always have the greatest attitude, was able to learn how to have peace and patients!

Indoor activity: Telephone: Have the kids sit in a circle and give the first person in the circle a word or sentence to whisper into the ear of the person next to them. Once the word/ sentence has been whispered into every child's ear the last person says the word/ sentence out-loud to see if it has changed. Tell the kids that they need to be patients with each other because sometimes it is hard to hear and the word might change.

Craft

This will be a continual craft; each day you give the kids one of two different foam-fruits to paint/ decorate/ glitter (matter how many fruit they are learning about that day). If you are unable to find foam fruit, then it is suggested that the leaders create paper-mache fruit in advance for the kids to paint/ decorate/ glitter. Write: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control, on each of the fruit as they learn about them. Give each of the children a basket to keep/ take their fruit home in. Their craft stays at the church until the end of the week when it is finished.

Small-Group, Snack, Down-Time

Small-Group leader says: Does anybody remember what we learned about yesterday? (give them time to answer), yesterday we learned about love and joy. Does anybody remember what we are learning about today? (give them time to answer), today we are learning about peace and patients. Let's see what the Bible says about peace today. **Read John 14:27.** Does anybody know what this mean? (give them time to answer), this means that we can have peace in Jesus. We don't need to worry as the world worries because we know that Jesus loves us and is taking care of us, therefore we can have peace. Now let's see what the Bible says about Patients. **Read Psalm 37:7.** This means that we need to be patient as we wait upon God, sometimes it may look like the bad guys are getting away with bad stuff, but God will always win, we just need to have patients and wait upon the LORD.

Snack Suggestion: Each day give the kids a different fruit and juice

Down-time: Give the kids coloring pages or activity sheets based on the fruit of the spirit. (You can find free coloring pages and activity sheets on Pinterest).

Outside Activity

Soccer: Set up a mini soccer field and split the kids into two teams to play a game of soccer.

DAY THREE

Introduction and Worship

Host says: Wow, can you believe that we are already half-way through the week? Who is having fun at our Super Fruit VBS? (wait for them to answer), well I am having the time of my life! I can't believe how much the Bible teaches us about love, joy, peace, and patients. Today we get to learn all about KINDNESS! Now, I know all of you are kind, but I am excited to see how our friend Stanley will learn about kindness today. Who is ready for another super fun day? (wait for them to answer), well, why wait? Let's begin by worshipping Jesus!

Worship: (Please note: if you do not have a copy of these songs you can find them on YouTube)

- Jesus Is My Superhero
- Rainbow (Hillsong Kids)
- Fruit of the Spirit

Prayer: Dear Jesus, we are SO excited to be here today and to learn about you! We pray that you can prepare our hearts to listen to what you are teaching us about kindness today. Help each one of us to grow in the fruit of the spirit. Bless all of the leaders who are volunteering their time to bless us. Thank you for each of the children here today and help us to know you both now and for forever. We love you! Amen

Skit and Indoor Activity

Characters for the Skit:

- Stanley – a young boy who knows how to get himself into trouble
- Stacey – Stanley’s tattletale little sister
- Parker – Stanley’s good friend
- Old-Man-Billy

Skit:

(Stacey and Stanley are playing in the backyard – Stanley pulls Stacey’s hair)

Stacey: OUCH! That way mean!

Stanley: Better run or I will pull it again!

Stacey: Stop it Stanley, I am going to tell mom!

(Stanley starts chasing Stacey)

Stacey: Stop it! Stop it! I’m warning you, I’m going to tell mom!

Stanley: Oh come on Stacey, we’re having fun

Stacey: I don’t think this is fun

(Parker walks into the yard)

Parker: Hi guys, why are you chasing your little sister Stanley?

Stacey: He pulled my hair!

Parker: Why did you do that?

Stanley: It’s a game, come on Parker, help me catch her!

Parker: No thanks, I don't think this looks like a fun game

(Stanley and Stacey stop running)

Stanley: You guys are no fun

Parker: Well, Old-Man-Billy gave me a Bible and I've been reading it a lot

Stanley: So?

Parker: Well, it talks about kindness in the Bible

Stacey: What does it say about kindness?

(Parker flips open his Bible)

Parker: It says, "Be kind to one another, tender-hearted, forgiving each other, just as God in Christ also has forgiven you," Ephesians 4:32.

Stanley: What does that mean?

Parker: Well, I was reading the Gospels and I learned that Jesus came to earth to forgive us of our sin, that means that Jesus forgives us of all the bad stuff we have ever done. Jesus was very kind to us, and so we should be very kind to others.

Stanley: I guess it wasn't very kind of me to pull my sisters hair

Stacey: No. It. Was. Not!

Stanley: I'm really sorry Stacey, will you forgive me?

Stacey: Forgive you?... You're my big brother, Stanley, of course I will forgive you!

(Old-Man-Billy sticks his head over the fence)

Old-Man-Billy: Oh, there you kids! I have something for you Stacey and Stanley.

Stacey and Stanley: You do?

Old-Man-Billy: yes, I do! (Old-Man-Billy hand Stacey and Stanley their very own Bibles). You both have been so interested in the Bibles lessons I have been teaching you, I thought it would be nice if you each got a Bible of your own!

Stacey: Wow, thank you Old-Man-Billy!

Stanley: yes, thank you, this is very kind of you!

(end skit)

Host Says: It sounds like Stanley wasn't being very kind to his sister, but Parker was able to teach him that kindness is important, and Old-Man-Billy was able to show Stanley what kindness looks like. Sometimes when we are in a bad mood or when things don't go our way we don't want to be kind, but when we show kindness to others it is like giving them a gift, and guess what, most of the times it cheers us up too! Today I want to challenge each one of you to show kindness for the WHOLE day!

Indoor activity: Sit the kids in a circle and have them toss a small ball from person to person; have music playing in the background. When you turn off the music the person who threw the ball needs to say something kind to the person who caught the ball.

Craft

This will be a continual craft; each day you give the kids one of two different foam-fruits to paint/ decorate/ glitter (mattering how many fruit they are learning about that day). If you are unable to find foam fruit, then it is suggested that the leaders create paper-mache fruit in advance for the kids to paint/ decorate/ glitter. Write: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control, on each of the fruit as they learn about them. Give each of the children a basket to keep/ take their fruit home in. Their craft stays at the church until the end of the week when it is finished.

Small-Group, Snack, Down-Time

Small-Group leader says: So far we have learned about love, joy, peace, and patients, and today we are talking about kindness. Can anybody tell me a few ways we can be kind to others? (give them time to answer). Those are great answers, now let's see what the Bible says about kindness. **Read Proverbs 3:3.** This means that we should always be kind and we should always live in the truth of Jesus. It is important to be kind in all things because in all things Jesus has been kind to us.

Snack Suggestion: Each day give the kids a different fruit and juice

Down-time: Give the kids coloring pages or activity sheets based on the fruit of the spirit. (You can find free coloring pages and activity sheets on Pinterest).

Outside Activity

Chalk and Bubbles: Make sure to have enough chalk, bubble soap, and bubble wands for all the kids to play!

DAY FOUR

Introduction and Worship

Host says: Why, hello boys and girls, you all look like you have been learning a lot! Can anybody tell me what we are learning about this week? (give them time to answer), that is correct, we are learning about the fruit of the spirit. Can anybody tell me what super fruit we have learned about so far this week? (give them time to answer), right again, we have learned about love, joy, peace, patients, and kindness! Oh boy, we are going to run out of fruit soon... JUST KIDDING, we have two more fruit to learn about today and they are: goodness and faithfulness. What does goodness mean? (give them time to answer), goodness is when we are good! What does faithfulness mean? (give them time to answer), faithfulness is when we have faith and believe in Jesus! Speaking of Jesus, let's worship Him this morning!

Worship: (Please note: if you do not have a copy of these songs you can find them on YouTube)

- The Butterfly Song
- Jesus Loves Me
- Fruit of the Spirit

Prayer: Dear God, thank you so much for loving each and every one of us, we love you too! We pray that we can learn all about faithfulness and goodness while having fun today. We pray a blessing over our families and we thank you that we are able to be at this vacation Bible school. Lord, you are so good and so faithful to us. Amen

Skit and Indoor Activity

Characters for the Skit:

- Stanley – a young boy who knows how to get himself into trouble
- Stacey – Stanley's tattletale little sister
- Parker – Stanley's good friend
- Old-Man-Billy

Skit:

(Stanley, Stacey, and Parker are in the backyard reading their Bibles)

Stanley: Hey guys, listen to this, "Now faith is confidence in what we hope for and assurance about what we do not see." It's found in Hebrews 11:1, what do you think it means?

Stacey: I've been reading the Gospels and it is all about Jesus, I've learned that Jesus is God's very own Son!

Stanley: That is cool

Stacey: Jesus loved us so much that he died and rose again so that we could be saved. I think that verse means that faith is believing in Jesus!

Parker: That makes sense because I was reading it Romans chapter ten, and verse nine says, "If you declare with your mouth, "Jesus is Lord," and believe in your heart that God raised him from the dead, you will be saved."

Stanley: What does that mean?

Parker: It means that all we need to do to be saved is believe in Jesus and ask Him to forgive us!

Stanley: Wow, that is amazing!

Stacey: Hey, did you guys hear that Old-Man-Billy fell off a ladder last night and broke his leg

Parker: That is terrible, is he going to be alright?

Stacey: Mom says that he will be ok, he just can't walk for awhile.

Stanley: I have an idea, maybe there is something we can do for him

Parker: Like what?

Stanley: I'm not sure... hmm, I have an idea, let's see what the Bible says!

(All three kids start flipping through their Bibles)

Stacey: Hey, listen to this verse found in Galatians 6:10, "Therefore, as we have opportunity, let us do good to all people, especially to those who belong to the family of believers."

Parker: That's it, let's do something good for Old-Man-Billy

Stacey: Like what?

Parker: I haven't got that far yet...

Stanley: I've got the perfect idea; Old-Man-Billy can't garden with a broken leg but he loves his garden so much. My mom has all sorts of gardening tools we can borrow, let's keep his garden up while he is sick!

Parker: That's a great idea!

Stacey: Let's do it!

(end skit)

Host Says: Wow, it is almost like Stanley is a different person! I think that Jesus is changing Stanley's heart, and Jesus can change our hearts too! Stanley, Stacey, and Parker, are being very good to their friend Old-Man-Billy, but that isn't the reason Jesus saves us. Jesus saves each one of us because He loves us, all we need to do is have faith in Jesus and to ask Jesus for forgive us when we do things that are bad. I am glad that Stanley, Stacey, Parker, and YOU get this opportunity to learn all about Jesus!

Indoor activity: Keep the balloon in the air: split the kids into two groups and give them three balloons. They need to keep all the balloons in the air and once a balloon touches the ground it is taken away. The kids can only touch the balloon twice in a row and then another team member needs to take a turn. If a child touches the balloon three times in a row the balloon is taken away. The team with the last balloon in the air wins. Tell the kids that they need to be faithful to their team and that they are showing goodness by taking turns.

Craft

This will be a continual craft; each day you give the kids one of two different foam-fruits to paint/ decorate/ glitter (mattering how many fruit they are learning about that day). If you are unable to find foam fruit, then it is suggested that the leaders create paper-mache fruit in advance for the kids to paint/ decorate/ glitter. Write: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control, on each of the fruit as they learn about them. Give each of the children a basket to keep/ take their fruit home in. Their craft stays at the church until the end of the week when it is finished.

Small-Group, Snack, Down-Time

Small-Group leader says: We have learned about SO many different kinds of super fruits, what fruit have we learned about so far? (give them times to answer), that is right: love, joy, peace, patients, kindness, goodness, and faithfulness. Let's see what the Bible says about goodness.

Read Romans 12:9. This means what we should not do what is bad but instead we should always choose to do what is good. What type of good things can you think of doing? (give them time to answer), good answers. Now, let's see what the Bible says about faithfulness. **Read Ephesians 3:16-17.** This means that Jesus comes into our hearts by us having faith and believing in Him.

Snack Suggestion: Each day give the kids a different fruit and juice

Down-time: Give the kids coloring pages or activity sheets based on the fruit of the spirit. (You can find free coloring pages and activity sheets on Pinterest).

Outside Activity

Pass the Water: Break the kids into three or four teams. Give each kid a solo cup and have them stand in a line. The kid who is standing in front has a bucket of water and fills their solo cup up with water and pours the water over their head and into the solo cup of the kid behind them. It goes down the line until the last kid who has a bucket behind them and pours the water into the bucket. Once the first bucket is empty the game is over and the winner is the team with the most water in the end bucket.

DAY FIVE

Introduction and Worship

Host says: I can hardly believe that it is our last day! We have learned all about love, joy, peace, patients, kindness, goodness, faithfulness, and today we are learning about gentleness and self-control. What do you think gentleness means? (give them times to answer), it means we are not harsh with how we speak to or treat others. What do you think self-control means? (give them time to answer), it means that we control ourselves, for example when I see a plate full of cookies I only take one instead of eating all of them! Let's start our last super awesome day of our super fruit vacation Bible school by worshipping Jesus together!

Worship: (Please note: if you do not have a copy of these songs you can find them on YouTube)

- Here I am to Worship
- Jumping for Joy
- Fruit of the Spirit

Prayer: Dear LORD, as we start our last day of this VBS we pray that everything we have learned about you will sink deep inside of us so that we will always remember how much you love us. We pray that we can learn from your Bible today. Thank you so much for this amazing week, we love you so much! Amen

Skit and Indoor Activity

Characters for the Skit:

- Stanley – a young boy who knows how to get himself into trouble
- Stacey – Stanley’s tattletale little sister
- Parker – Stanley’s good friend
- Old-Man-Billy

Skit:

(Stanley, Stacey, and Parker are playing in their backyard when Old-Man-Billy sticks his head over the fence)

Old-Man-Billy: Wow, my garden looks great! Thank you kids for taking care of it while I was sick!

Stacey: How are you feeling Old-Man-Billy?

Old-Man-Billy: Much better, thank you for asking Stacey, however I need to be gentle with my leg.

Parker: what does that mean?

Old-Man-Billy: It means I need to be very careful not to hurt it again, it takes a lot of self-control.

Stanley: What does Self-Control mean?

(Old-Man-Billy laughs)

Old-Man-Billy: I have an idea, why don’t we take this opportunity to see what the Bible says about gentleness and self-control.

Parker: That's a great idea!

(Old-Man-Billy opens his Bible)

Old-Man-Billy: Ephesians 4:2 says, "with all humility and gentleness, with patience, showing tolerance for one another in love," so just as I need to be tolerant of my situation with my leg, God wants us to be tolerant of where other people are at.

Stanley: What do you mean?

Old-Man-Billy: Well, think of the day you threw a rock into my yard, I was tolerant of you and I was gentle by not yelling at you.

Stanley: Oh that's right, you gave us a football instead, thanks again for that!

Old-Man-Billy: Now let's see... (Old-Man-Billy continues to flip through his Bible), here it is, Proverbs 25:28, "A man without self-control is like a city broken into and left without walls."

Stacey: That verse scares me

Old-Man-Billy: That makes sense, Stacey, because it means that if you are not able to control yourself that you will crumble like a broken city.

Stanley: How do I show self-control?

Old-Man-Billy: Think of the day that you waited for cookies instead of eating the cookie dough, you have already showed self-control.

Stanley: That makes me feel a lot better.

Old-Man-Billy: God loves you very much, all of you, and He can always help you! Whenever you want to talk to God just pray to Him and He will hear you.

Parker: I am so glad that you have taught us all about Jesus, I love Jesus and I think I am ready to invite him into my heart!

Stacey: Me too!

Stanley: Me three!

(end skit)

Host Says: As Stanley, Stacey, and Parker invite Jesus into their hearts I want to invite all of you to invite Jesus into your heart too! If you are ready to invite Jesus into your heart, please come up to the front now and the leaders will pray with you! If you aren't ready, that is also ok, we have an activity for you at the back of the room.

Prayer for Kids Inviting Jesus into Their Hearts: Dear Jesus, we pray that you can come into the heart of _____. Please help _____ to come to a place of knowing you personally. We pray that you can forgive _____ of all of their sins. Thank you SO much for loving _____. Amen!

Indoor activity: Paper Airplanes: Give each of the children paper to design their own paper airplane. Ask them to use self-control and to not throw the paper airplanes in the direction of the kids who are up front praying with the leaders.

Craft

This will be a continual craft; each day you give the kids one of two different foam-fruits to paint/ decorate/ glitter (mattering how many fruit they are learning about that day). If you are unable to find foam fruit, then it is suggested that the leaders create paper-mache fruit in advance for the kids to paint/ decorate/ glitter. Write: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control, on each of the fruit as they learn about them. Give each of the children a basket to keep/ take their fruit home in. Their craft stays at the church until the end of the week when it is finished.

Small-Group, Snack, Down-Time

Small-Group leader says: Wow, our week went by SO fast! We have learned about all the super fruit: love, joy, peace, patients, kindness, goodness, faithfulness, gentleness, and self-control. Let's spend sometime looking at what the Bible says about gentleness. **Read Colossians 3:12.** This means just like how every morning we choose our outfits we should also choose to be gentle. Now, let's see what the Bible says about self-control. **Read 2 Timothy 1:7.** This means that God created us to have self-control.

Snack Suggestion: Each day give the kids a different fruit and juice

Down-time: Give the kids coloring pages or activity sheets based on the fruit of the spirit. (You can find free coloring pages and activity sheets on Pinterest).

Outside Activity

Paper Plane Race: Have the kids race the paper planes they have created. Have extra paper incase kids didn't get a chance to create a paper plane.