Mother’s Day Sunday School Lesson

This is a simple lesson plan I’ve written for our kids church on Mother’s Day. My target length is about 20 minutes during the children’s church service. It can also be used for a Mother’s Day Sunday school lesson. I’ll list additional resources at the end of the lesson plan.

Learning Objectives / Indicators: After this lesson, children will . . .

1. Demonstrate an understanding of what it means to honor their mother, by choosing from potential responses the ones that will most honor their mother.
2. Demonstrate an attitude of appreciation toward their mother by writing a “what I like about you” letter.

Key Points:

- Parents are gifts from God to help kids.
- God expects us to have right attitudes and actions toward our parents.
- We should be thankful for our parents.
- Even parents need Jesus to forgive them, we must love parents even when they are not perfect.

Target Age Group: 5 – 10 years old {U.S. Kindergarten – 3rd Grade}

Bible Story: Ephesians 6:1-3 ESV Children, obey your parents in the Lord, for this is right. (2) “Honor your father and mother” (this is the first commandment with a promise), (3) “that it may go well with you and that you may live long in the land.”

Teaching Setting: This lesson was first taught in our children’s church on Sunday morning to about 25 children. Before the lesson, the children participated in several songs and group Bible memory exercises. Target length of this lesson is 20 minutes.

Items Needed:

- Special parchment or premium paper cut in half sheets. (Regular paper will do in a pinch.)
- Pencils, crayons or markers
- Optional: Polaroid film and camera, or digital camera with the ability to print immediately.
- Display of Ephesians 6:1-3, this can be on a poster, marker board, or PowerPoint. If possible, have it on a format where you can underline the action verbs while discussing the passage. See “Review Action Words” below.
- Optional: Download our printable “Moms of the Bible” game
Optional: Download our Mother's Day Coloring Pages

**Explanation:** This lesson is designed to be used in Children's Church or Sunday School on mother's day. It has two learning objectives. First, I wanted the kids to understand what it really means to honor their mothers. Second, I wanted to help them develop an attitude of appreciation for their mothers.

Special care should be taken for children who do not have mothers in their life. In such cases, be sure to emphasize these truth apply to any parent or guardian that God has put in the child's life.

**Teaching Plan:** Honor Your Mother
(a special children's church lesson for mother's day)

**Introduction / Hook:** Ask the children to close their eyes and try to picture the person you describe. Say, "Think of a woman in your life that has spent more time helping you than any other person." Allow several volunteers to answer. If needed, ask follow up questions to help them see that their mom is a very important person in their life.

Say, "Today, we are going to learn what kind of attitude God wants us to have toward our parents. This is true for moms and dads, or foster parents, or grandparents who take care of you. But we are going to talk a lot about moms today because it is mother's day."

Active Listening: Say, "In just a minute we are going to read a Bible verse that teaches us how God wants us to treat our parents. While we read it, I want you to listen for any action words (verbs) that you hear. Then we'll review to see how many you could find."

**Bible Passage:** Display Ephesians 6:1-3 or have the children look it up in their Bibles. Read the Bible verses to the class; be sure to emphasize the action words discussed below. Then read it a second time to give the children a “second chance” to hear the action words.

**Say It:** Ask the children to repeat the Bible verse after you several times.

**Review Action Words:** Ask volunteers to explain which action words they heard in the passage. For each response, ask the children to explain what the word means. They may need help from the class. After each word, clarify what the word means. Here are the words they should have heard, with meaning in italics.

- Obey – Doing what a person wants you to do
- Honor – Heart attitude about a person's importance
- Go well – Living a good life
- Live (NIV says “enjoy long life”) – Staying alive a long time
{Objective #1} **Is This Honoring Your Mother?** Say, “*Honoring means having a right attitude about someone and showing their importance in how you act.*” Read the following statements, and have the children agree or disagree. If the statement is something that honors your mother, the children should stand up. If the statement is not honoring, the children should sit with arms crossed.

- Doing what mom says right away {True}
- Throwing a fit if you don't get what you want {False}
- Eating your dinner with thankfulness {True}
- Complaining about what mom cooked for dinner {False}
- Telling your mom that you love her {True}
- Praying for your mom {True}
- Telling other people your mom is not nice {False}

{Objective #2} **What I like about you . . .** Have the children write and decorate a letter to their mother (or caretaker) that answers this question. If you have many younger children present, they will need help writing. Encourage them to draw a picture that goes along with what they like. It may be helpful to write common words or phrases on a marker board to help the children write their letters. Some possible examples:

- I like the way you read to me
- I like the way you help me when I'm hurt
- I like it when you pray for me at bedtime
- I like it when you hug me
- I like it when you take me shopping

Ask for several volunteers to share what they wrote to their mother.

**Optional:** You can add a picture of the child to the card using a Polaroid camera or digital camera.

**Optional:** Show the Ruth Story video clip from Jelly Telly and talk about how it relates to mothers.

**Closing:** Lead the children in prayer ...
God,

I am thankful

for Mommy!

Mandy Grace ’10

http://ministry-to-children.com
God,

I am thankful for Mommy!

Mandy Grace '10

http://ministry-to-children.com
Thank you, God, for my Mother!

Mandy Groce '11
Honor your father and your mother.
<table>
<thead>
<tr>
<th>Mother</th>
<th>Role</th>
<th>Story</th>
<th>Illustration</th>
</tr>
</thead>
<tbody>
<tr>
<td>Eve</td>
<td>(Mother)</td>
<td>When God created the world, Eve was the first woman. She was the mother of Cain, Abel, Seth, and other children.</td>
<td><img src="image" alt="Eve" /></td>
</tr>
<tr>
<td>Sarah</td>
<td>(Mother)</td>
<td>God said that Abraham and Sarah would have a baby. Isaac was finally born when Sarah was 90 years old.</td>
<td><img src="image" alt="Sarah" /></td>
</tr>
<tr>
<td>Rebekah</td>
<td>(Mother)</td>
<td>Rebekah and her husband Isaac had two very different twin boys, Esau and Jacob.</td>
<td><img src="image" alt="Rebekah" /></td>
</tr>
<tr>
<td>Jochebed</td>
<td>(Mother)</td>
<td>Jochebed protected her baby Moses by hiding him in a basket. His sister Miriam watched over him. Aaron was their brother.</td>
<td><img src="image" alt="Jochebed" /></td>
</tr>
<tr>
<td>Naomi</td>
<td>(Mother-in-law)</td>
<td>Naomi and her daughter-in-law Ruth helped each other after their husbands died. Ruth gathered grain for them to eat.</td>
<td><img src="image" alt="Naomi" /></td>
</tr>
<tr>
<td>Hannah</td>
<td>(Mother)</td>
<td>Hannah prayed for a son for years, and then Samuel was born. Hannah promised that he would always serve God.</td>
<td><img src="image" alt="Hannah" /></td>
</tr>
<tr>
<td>Elizabeth</td>
<td>(Mother)</td>
<td>An angel told Elizabeth’s husband Zechariah that they would have a son and they should name him John.</td>
<td><img src="image" alt="Elizabeth" /></td>
</tr>
<tr>
<td>Mary</td>
<td>(Mother)</td>
<td>God chose Mary to be the mother of his son Jesus. After Jesus was born, he was visited by shepherds and wise men.</td>
<td><img src="image" alt="Mary" /></td>
</tr>
<tr>
<td>Lois</td>
<td>(Grandmother)</td>
<td>Timothy learned to know God from his grandmother Lois and his mother Eunice, who taught him from the Bible.</td>
<td><img src="image" alt="Lois" /></td>
</tr>
<tr>
<td>Eunice</td>
<td>(Mother)</td>
<td></td>
<td><img src="image" alt="Eunice" /></td>
</tr>
</tbody>
</table>
Mothers in the Bible Game from Shirley McKinstry at ministry-to-children.com

Cain, Abel, Seth (Sons)

When God created the world, Eve was the first woman. She was the mother of Cain, Abel, Seth, and other children.

Isaac (Son)

God said that Abraham and Sarah would have a baby. Isaac was finally born when Sarah was 90 years old.

Esau and Jacob (Sons)

Rebekah and her husband Isaac had two very different twin boys, Esau and Jacob.

Mothers in the Bible Game

Miriam, Aaron, and Moses (Children)

Jochebed protected her baby Moses by hiding him in a basket. His sister Miriam watched over him. Aaron was their brother.

Ruth (Daughter-in-law)

Naomi and her daughter-in-law Ruth helped each other after their husbands died. Ruth gathered grain for them to eat.

Mothers in the Bible Game

Samuel (Son)

Hannah prayed for a son for years, and then Samuel was born. Hannah promised that he would always serve God.

Mothers in the Bible Game

John the Baptist (Son)

An angel told Elizabeth’s husband Zechariah that they would have a son and they should name him John.

Jesus (Son)

God chose Mary to be the mother of his son Jesus. After Jesus was born, he was visited by shepherds and wise men.

Timothy (Son)

Timothy learned to know God from his grandmother Lois and his mother Eunice, who taught him from the Bible.

Mothers in the Bible Game
We hope you enjoy this free resource.
Everything from Ministry-To-Children.com is 100% free to copy & use in ministry.

I’m Tony Kummer - I started this website in 2007, but God is using it beyond my imagination. We have a simple mission.

Let’s help as many people as possible tell kids about Jesus!

Our team is honored that you choose our material. Thank you for ...

• serving where God has placed you.
• telling children about Jesus.
• allowing us to be a part of your mission.

We don’t ask for money, but we do need your help.

Please consider the following:

1. Comment on the website to encourage our authors.
2. Link to us from your blog or church website.
3. Share our posts on Pinterest or Facebook.
4. Tell a friend to google “Ministry to Children.”
5. Add me (and our team) to your personal prayer list.

I’d love to hear your feedback on this download. Tony@ministry-to-children.com

May God bless you and continue to bless your ministry!
Looking for a few good games for your Mother’s Day service? These three winners will keep kids busy—they are perfect for filling in empty spaces in your schedule. That could happen since many churches do have special recognition for mothers during service in the “big church.” It might be a good idea to print this sheet and keep it handy, in case other teachers need some suggestions, too.

**#1 Mrs. Mumbles – Mother’s Day Game**

This game is played by talking without showing your teeth. You can't laugh and you can't smile. Here’s how you start, pair up kids or have them sit in a circle. One child curls her lips tightly over her teeth and then turns to other child and says, “Excuse me, is Mrs. Mumbles home?” This child then replies, (using the same method), “I don’t know, let me ask my neighbor …” If he does this successfully, without showing his teeth, he then turns to the person to his right and asks, “Excuse me, is Mrs. Mumbles home?” This Q&A continues around the circle or back and forth between children until someone giggles. Gigglers are out. The game continues until one child is left.

**#2 Mother, May I? – Game Idea for Kids**

This game is a classic but just in case you aren't familiar with it, it begins by one child serving as “Mother.” Line the remainder of kids up about 20 feet away from “Mother.” The Mother picks one of the kids and says “Amy, you may take four baby steps.” Amy then says, “Mother, May I?” The Mother says, “Yes, you may.”

The Mother then picks another child, and the game goes on until someone reaches her. It sounds easy enough but any child who forgets to say, “Mother, may I?” has to go back to the starting line. The Mother can make up all kinds of steps like hops, twirls, crab walks etc.

**#3 Name That Mom – Quiz about Famous Mothers**

Before this game, assemble a list of mothers from current culture and the bible. What you’ll do is quiz the children to see if they can guess who the moms are with as few clues as possible. We also posted a [Moms in the Bible Quiz](https://example.com/moms-in-the-bible-quiz).

Here are some mothers who should be on your list:

- Hannah (Samuel's mom)
- Wilma Flintstone (The Flintstones)
• Mrs. Potts (Beauty and the Beast)
• Jocheved (Moses’ mother)
• Mrs. Turner (Fairly Odd Parents)
• Mary (Jesus’ mother)

Have fun with these game ideas! Happy Mother's Day!

**Bonus Fun Ideas for Mother’s Day**

Here are some games we found on other websites that looked awesome. Enjoy and have a blessed day with Mom! The following links are all offsite.
Mom Interview

Each child should ask their mom the following questions. Bring to class next week to finish activity.

1. What is your favorite color? ________________________________

2. What is your favorite activity to do? _______________________
   ____________________________________________________________________

3. What is your favorite flower? _______________________________

4. What is your favorite food? ________________________________

5. What is your favorite song? ________________________________

6. How did you choose my name? _______________________________
   ____________________________________________________________________

7. What is your favorite thing about me? ________________________
   ____________________________________________________________________

8. What is your best childhood memory?______________________
   ____________________________________________________________________

9. What is your best memory of me as a baby?______________
   ____________________________________________________________________

10. Tell me about your mom. ________________________________
    ____________________________________________________________________
I love when she

I love when she cooks

I love when she reads me

I love when she tells me

I love when she helps me

I Love My Mom!
Mothers in the Bible Quiz (10 Fun Trivia Questions & Answers)

Have some fun this Mother's Day — Use these 10 questions to see who can find the answers. Of course, they are just kids so provide them with a hint like book, chapter and verse, if necessary.

1. **Which mom puts her baby in a basket to save him?**  
   (Yocheved) Exodus 2
2. **Which mom prayed for a baby while she visited a temple?**  
   (Hannah) 1 Samuel 1:10
3. **What mom saw her son die on a cross?**  
   (Mary) John 19:25
4. **Name the mom of John the Baptist?**  
   (Elizabeth) Luke 1
5. **Who was the first mother on earth?**  
   (Eve) Genesis 2
6. **Who was Joseph’s mother?**  
   (Rachel) Genesis 30:25
7. **Which evil mother taught her daughter to dance seductively and ask for John the Baptist’s head for a prize?**  
   (Herodias) Matthew 14:6
8. **Who called herself, “The Mother of Israel?”**  
   (Deborah) Genesis 35
9. **Whose mother brought him a new coat each year?**  
   (Hannah) 1 Samuel 2:19
10. **What does the law say you should do when you find a bird on its nest?**  
    (Let the mother go free.) Deuteronomy 22:8
7 Classic Mother’s Day Bible Verses

Proverbs 31:28-29 NIV

Her children arise and call her blessed; her husband also, and he praises her: “Many women do noble things, but you surpass them all.”

Proverbs 1:8-9 NIV

Listen, my son, to your father’s instruction and do not forsake your mother’s teaching. They are a garland to grace your head and a chain to adorn your neck.

Exodus 20:12 NIV

“Honor your father and your mother, so that you may live long in the land the Lord your God is giving you.

Proverbs 23:25 NIV

May your father and mother rejoice; may she who gave you birth be joyful!

Proverbs 22:6 ESV

Train up a child in the way he should go; even when he is old he will not depart from it.

John 19:26-27 NIV

When Jesus saw his mother there, and the disciple whom he loved standing nearby, he said to her, “Woman, here is your son,” and to the disciple, “Here is your mother.” From that time on, this disciple took her into his home.

Proverbs 31:25-28 NIV
25 She is clothed with strength and dignity; 
she can laugh at the days to come.
26 She speaks with wisdom, 
    and faithful instruction is on her tongue.
27 She watches over the affairs of her household 
    and does not eat the bread of idleness.
28 Her children arise and call her blessed; 
    her husband also, and he praises her:
The circle of blessing is a fun way to illustrate the promise God makes to children in the 5th commandment. Use this for a fun children's sermon on mother’s day or father’s day (or in any lesson on the 5th commandment).

**Supplies Needed:**

- Circle of about 3ft diameter. I used a piece of rope attached to the floor with masking tape. A large hula-hoop would also work.
- Squirt-gun or plastic spray bottle. You could use a sports whistle to add optional emphasis.

**Main Idea:** The Bible promises protection for those who honor their parents. This concept can be demonstrated as a circle of blessing.

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**Scripture Reference:** Ephesians 6:1-3 or Exodus 20:12

> Honor your father and your mother, so that you may live long in the land the Lord your God is giving you.

*Exodus 20:12 New International Version (NIV)*

**Circle of Blessing Object Lesson:** Invite a child to come up to the front of the room. Have them stand inside an imaginary circle of about 3ft diameter. Then say:

> This is the circle of blessing. It’s a way to imagine the way obedience keeps us out of danger. Just like our Bible verse says, God will watch over us while we obey our parents. To move outside the circle is like disobeying. Moving outside the circle brings danger.

At this point surprise the child by showing them a squirt-gun (or water bottle that sprays a mist) that you previously had hidden. Tell them as long as they are in the circle they are safe, but outside the circle they are in danger. Demonstrate by shooting a jet of water outside the circle. Then ask the child to step outside the circle to the spot you just shot. Then give them a short blast of water. Then say:
When we obey our parents it’s like staying inside the circle, God will keep us safe. But when we disobey it is like stepping outside the circle. When we do that we cause bad things to happen to our lives.

Bible Verse on Obeying Your Parents

*Hint:* Be sure to pick children who won’t be upset by getting a little wet. I even ask the volunteer if they will cry when they get sprayed. Obviously, this should be a silly activity and fun for all the children involved.

If you enjoyed this, be sure to check out our [obey your parents Bible lesson](#) that teaches this concept of the circle of blessing. You can print off several story scripts for acting out this object lesson.
Mothers hold a special place in our hearts and teaching kids to honor her is profitable for all. It's hardly necessary to instruct children to love their mothers – that comes naturally! However, learning to respect and obey, as God expects, is a necessary part of a minister's duties. Lean on the scriptures to bring kids a reliable, nurturing "word" from God's written treasure chest.

**Fountain of Youth – Children’s Message**

Exodus 20:12 “Honor your father and your mother that your days may be long in the land, that the Lord your God is giving you.”

**Object Prop:** Photos of a **tropical waterfall**

**Tell kids:** Many explorers have traveled the world looking for the “fountain of youth,” a place where they can live forever. As Christians, we don't need a magic formula for a long life – we have the promises of God! Did you know that God promises you long life when you honor your mother? That's right! How do you do it? Speak to your mother with a kind voice and respect. Don't disobey her or lie to her. Be a person who brings her honor.

**Make Mom Proud – Children’s Sermon**

Proverbs 29:15 “The rod and reproof give wisdom, but a child left to himself brings shame to his mother.”

**Tell kids:** You know, it is fun do whatever you want – isn't it? Sleep when you want. Eat what you want. Do what you want. Right?

That's not what God says!

He says if we refuse to accept wisdom and instruction from our mother, we will make her feel ashamed. Make Mom feel proud!

Listen to her when she teaches you important lessons like how to keep your room tidy or how to be a good friend.

**Object Lesson: Mother’s Day Gift Box**
James 1:17 “Every good gift and every perfect gift is from above, coming down from the Father of lights with whom there is no variation or shadow due to change.”

Tell kids: Gifts don’t always come in boxes, especially gifts from God. The gifts God gives are often in the shape of people. He gives us special people, like Moms, to love us and raise us with kindness.

(Show kids a gift box with a lid. Place a picture of a Mom in the box.) Do you see this box? Inside it is a gift more valuable than gold and silver. More expensive than jewels or a fast car. No gift is better than this gift. (Open the box and show the picture.) This is my Mom! She’s a nice lady who loves God and taught me all about Him. She is more precious than any gift I have ever received.