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# “Last Supper & Good Friday”

## Home Sunday School Lesson on John 13, 19

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The World’s Darkest Night...

“In Home” Sunday School Suggestions to Study and Contemplate the Last Supper and Good Friday

This “special edition” Sunday school lesson contains adaptations that are geared to doing at home, if circumstances present you with the need to stay away from the larger group church. With a little creativity, you can still guide your child(ren) through a fun and meaningful Bible lesson!

Holy Week is an especially essential time to continue studying and celebrating Scripture. As we approach Easter and consider the final events in Christ’s life, there are many ways to bring these important stories to life. Make it meaningful and make it your own, depending on the needs and ages of your audience.

**Lesson focus:** Jesus came to Earth to serve, and gave up His very life for our sins. The ideas in this lesson cover the Last Supper He shared with His disciples, as well as His crucifixion. You may wish to break this up into two separate lesson chunks.

**Passage:** John 13:1-20, John 19:16-37 \*Note: other Gospels feature these stories, as well, but John goes into particular detail regarding some of the events. It is highly recommended to read through the chapters entirely, especially if you have older kids who can appreciate and understand them.

**Target Audience:** Kindergarten-6<sup>th</sup> grade (or whoever you might have at home!)

**Materials Needed:** Paper or plastic cups, paper, “resurrection egg” items (optional: Easter eggs, nails, cloth, vinegar, spices, dice, thorns, crackers, yarn, stone, coins), bucket, towel.

- [101 Easter Resources & Ideas](#)
- [Easter Sunday School Lessons](#)
- [3 Simple Easter Crafts for Kids](#)
- [15 Easter Coloring Pages \(Easy Print PDF\)](#)



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# Game & Lesson Introduction

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**Lesson Opening:** Here are some activity ideas to incorporate with your experience of the Passion. There are many methods and additions that you can use as you see fit! Some of these lend themselves to the Last Supper (in church holidays we call the day “Maundy Thursday), and some are connected to the events of the crucifixion (Good Friday). Select what will bring extra emphasis to the story for your kids.

- Foot bath! Practice serving each other as Jesus did, and carry out His act of washing feet. Hopefully our feet aren’t quite as dirty as those of the disciples, but you can still enjoy washing and maybe even massaging one another’s feet!
- Read through the final talk that Jesus had with His disciples. Consider His instructions to love one another. Take some grapes and discuss how He is the “vine” and we are “branches” connected to Him.
- Resurrection eggs: consider the events of Holy Week through small objects collected into plastic eggs.
- Taste the last supper! Look at Passover meal ideas and history. Try horseradish, unleavened bread, or even lamb.
- Experience a garden prayer. Go outside, especially in the evening, to pray.
- For older students, look at some facts regarding crucifixion in Roman times. It can be a sobering and insightful topic to explore.
- Watch a movie, or clips of movies, about the life of Christ.

Prepare kids to dive into some of the Biblical specifics in these stories. It’s important to communicate the significance of the death of Jesus. It can be challenging for young kids to comprehend why Jesus had to die. It might be helpful to make the analogy of taking a punishment. If there was a time-out to be inflicted, and someone who had not done anything wrong took the guilt instead, that would seem strange. But that’s exactly what Jesus did for us!

**Ask:** How do you feel when you know something hard is going to happen? What is a time or event that has been especially difficult for you?



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# Good Friday & The Last Supper Bible Lesson for Kids

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How you choose to experience the story will vary according to the ages and abilities of your children (and how many are participating). For younger children, you may wish to use a children's or storybook version of the Bible, and explain details as you go. Older kids can take turns helping to read the story. You can also turn this into a skit and have children act out the various parts as you are reading the narrative. You might find a short video version to reinforce it. If your students have longer attention spans, feel free to read the whole story at once, and then discuss questions. If it works better, break things up into chunks and pause for questions as you go along.

*Now before the Feast of the Passover, when Jesus knew that his hour had come to depart out of this world to the Father, having loved his own who were in the world, he loved them to the end. <sup>2</sup>During supper, when the devil had already put it into the heart of Judas Iscariot, Simon's son, to betray him, <sup>3</sup>Jesus, knowing that the Father had given all things into his hands, and that he had come from God and was going back to God, <sup>4</sup>rose from supper. He laid aside his outer garments, and taking a towel, tied it around his waist. <sup>5</sup>Then he poured water into a basin and began to wash the disciples' feet and to wipe them with the towel that was wrapped around him. <sup>6</sup>He came to Simon Peter, who said to him, "Lord, do you wash my feet?" <sup>7</sup>Jesus answered him, "What I am doing you do not understand now, but afterward you will understand." <sup>8</sup>Peter said to him, "You shall never wash my feet." Jesus answered him, "If I do not wash you, you have no share with me." <sup>9</sup>Simon Peter said to him, "Lord, not my feet only but also my hands and my head!" <sup>10</sup>Jesus said to him, "The one who has bathed does not need to wash, except for his feet,<sup>[a]</sup> but is completely clean. And you<sup>[b]</sup> are clean, but not every one of you." <sup>11</sup>For he knew who was to betray him; that was why he said, "Not all of you are clean." -John 13:1-11*

If you haven't already done the "foot washing" activity, now is a great opportunity to do so. You can also discuss what is happening in this passage. Emphasize what it meant that Jesus would do this. Foot-washing was the job of a servant. People in those days wore sandals, and streets were often dusty and dirty. Feet would be a nasty, gnarly mess! Upon entering a house, the servant would clean the feet of the guests so that the house would not become dirty. Jesus was



cleaning the outside of His disciples' feet, but soon His actions would make their insides clean, as well. He was also indicating that He came to be a servant, and was willing to do the work of the servant.

**Ask:** Why didn't Peter think that Jesus should wash his feet? (He didn't want Jesus to do such a menial task, and didn't feel worthy of the Master doing such a thing for him.)

*When he had washed their feet and put on his outer garments and resumed his place, he said to them, "Do you understand what I have done to you? <sup>13</sup>You call me Teacher and Lord, and you are right, for so I am. <sup>14</sup>If I then, your Lord and Teacher, have washed your feet, you also ought to wash one another's feet. <sup>15</sup>For I have given you an example, that you also should do just as I have done to you. <sup>16</sup>Truly, truly, I say to you, a servant<sup>[d]</sup> is not greater than his master, nor is a messenger greater than the one who sent him. <sup>17</sup>If you know these things, blessed are you if you do them. <sup>18</sup>I am not speaking of all of you; I know whom I have chosen. But the Scripture will be fulfilled,<sup>[d]</sup> 'He who ate my bread has lifted his heel against me.' <sup>19</sup>I am telling you this now, before it takes place, that when it does take place you may believe that I am he. <sup>20</sup>Truly, truly, I say to you, whoever receives the one I send receives me, and whoever receives me receives the one who sent me." - John 13:12-20*

What is going on here? Jesus is emphasizing the kind of life He came to lead. He also wants the disciples to serve one another. Not only should they be serving in the circle of twelve (minus Judas), but Jesus wanted them to serve others as well.

**Ask:** What is a way that you can serve other people? How can you help others?

\*Break here if you plan to separate into two chunks or lessons.

Lead into the next segment of Holy Week, explaining what events brought Jesus to the crucifixion. Feel free to describe, read, or watch video depicting the prayer in Gethsemane, the arrest, and trial of Christ. For older students, point out the significance that many events in these passages fulfill prophecies from long before Christ's birth.

After His trial, Jesus is taken to a hill and crucified. It's worth mentioning that this was a way that the Romans executed criminals. They made it a point to find a high place or a roadside where many people could see what was happening, so that they would be warned not to disobey the law themselves. The condemned would have a label placed on their crosses to let the world know what wrongs they had committed. For Jesus, even that title caused argument:



*So they took Jesus, <sup>17</sup>and he went out, bearing his own cross, to the place called The Place of a Skull, which in Aramaic is called Golgotha. <sup>18</sup>There they crucified him, and with him two others, one on either side, and Jesus between them. <sup>19</sup>Pilate also wrote an inscription and put it on the cross. It read, “Jesus of Nazareth, the King of the Jews.” <sup>20</sup>Many of the Jews read this inscription, for the place where Jesus was crucified was near the city, and it was written in Aramaic, in Latin, and in Greek. <sup>21</sup>So the chief priests of the Jews said to Pilate, “Do not write, ‘The King of the Jews,’ but rather, ‘This man said, I am King of the Jews.’” <sup>22</sup>Pilate answered, “What I have written I have written.” -John 19:16-22*

Why were the priests upset? Even now that they finally have what they’d wanted, the death of this upstart teacher, they’re still worried about what others will think. They don’t want anyone getting the idea that Jesus truly was their king, after all...but Pilate leaves the title.

*When the soldiers had crucified Jesus, they took his garments and divided them into four parts, one part for each soldier; also his tunic.<sup>[d]</sup> But the tunic was seamless, woven in one piece from top to bottom, <sup>24</sup>so they said to one another, “Let us not tear it, but cast lots for it to see whose it shall be.” This was to fulfill the Scripture which says, “They divided my garments among them, and for my clothing they cast lots.”*

*So the soldiers did these things, <sup>25</sup>but standing by the cross of Jesus were his mother and his mother's sister, Mary the wife of Clopas, and Mary Magdalene. <sup>26</sup>When Jesus saw his mother and the disciple whom he loved standing nearby, he said to his mother, “Woman, behold, your son!” <sup>27</sup>Then he said to the disciple, “Behold, your mother!” And from that hour the disciple took her to his own home. -John 19:23-27*

Here is another reflection of ancient prophecy. From the cross, Jesus is doing things that had been spoken about many years prior. And the soldiers are also fulfilling prophetic words, though they don’t realize it. Now, who is watching this happen? Scripture does not tell us that all of the disciples were present at the crucifixion. In fact, we know many of them had already run away to hide. But John (the “disciple he loved”) was there, along with a trio of Marys. Jesus asks John to take care of his mother. In His final moments, He wants to make sure His family is provided for.

**Ask:** Why is it comforting that one of the last things Jesus did was make sure His mom would be looked after? (It shows He cares for each of us!)

*After this, Jesus, knowing that all was now finished, said (to fulfill the Scripture), “I thirst.” <sup>29</sup>A jar full of sour wine stood there, so they put a sponge full of the sour wine on a*





hyssop branch and held it to his mouth. <sup>30</sup>When Jesus had received the sour wine, he said, “It is finished,” and he bowed his head and gave up his spirit. -John 19:28-30

**Ask:** What was “finished”?

Is this Jesus in despair, knowing His life is over? Was He done with the sour wine? Jesus is done. He has fulfilled what He came to Earth to do. His death conquered the power of sin, and made it possible for us to receive forgiveness. The people watching may not have understood this. They might just have looked upon a man delirious with pain and in the last gasps of life. But we know what was finished. The work was accomplished. The battle won...

*Since it was the day of Preparation, and so that the bodies would not remain on the cross on the Sabbath (for that Sabbath was a high day), the Jews asked Pilate that their legs might be broken and that they might be taken away. <sup>32</sup>So the soldiers came and broke the legs of the first, and of the other who had been crucified with him. <sup>33</sup>But when they came to Jesus and saw that he was already dead, they did not break his legs. <sup>34</sup>But one of the soldiers pierced his side with a spear, and at once there came out blood and water. <sup>35</sup>He who saw it has borne witness—his testimony is true, and he knows that he is telling the truth—that you also may believe. <sup>36</sup>For these things took place that the Scripture might be fulfilled: “Not one of his bones will be broken.” <sup>37</sup>And again another Scripture says, “They will look on him whom they have pierced.” -John 19:31-37*

For clarification, it might be helpful to explain why the criminals had their legs broken. The Jews had specific rules for how to celebrate the Sabbath, and they had to prepare for it before sunset.

Ironically, in order to practice their religious obligations, they wanted to hurry the execution process. By breaking the legs of a crucifixion victim, death would come more quickly, since the person could not push up to breathe. However, Jesus was already dead. To make sure of this, one of the soldiers jabbed Him with a spear (this wound will leave a scar that Thomas demands to see later).

**Ask:** How would you feel if you were watching Jesus die?

So Christ died. He endured agony and suffering, and at last died. His body was taken off of the cross, and a man named Joseph, who was a secret disciple, asked to help bury Him. Nicodemus helped in this process, and they laid His body in a tomb, rolling a huge stone over the entrance to prevent anyone from getting inside.



That's it, isn't it? Death, defeat, all hopes over? Well, fortunately, we know that is not quite the end of the story for Jesus, or for us. Allow kids to sit with the solemnity of these events. Easter is all the more joyful because Good Friday is so dark and painful. Consider the fact that this was all done for US, to conquer sin and death. Yes, the death of Jesus is sad. But Easter Sunday is on the way...let us not lose hope.

**Close** with prayer. Thank God for the remarkable sacrifice of Jesus. Pray for mindfulness of the severity of that gift. Ask God for ways to serve others, just like Christ served us.

**Craft:** Last Supper Cup; Additional suggestions

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## Craft One: "Last Supper Cup"

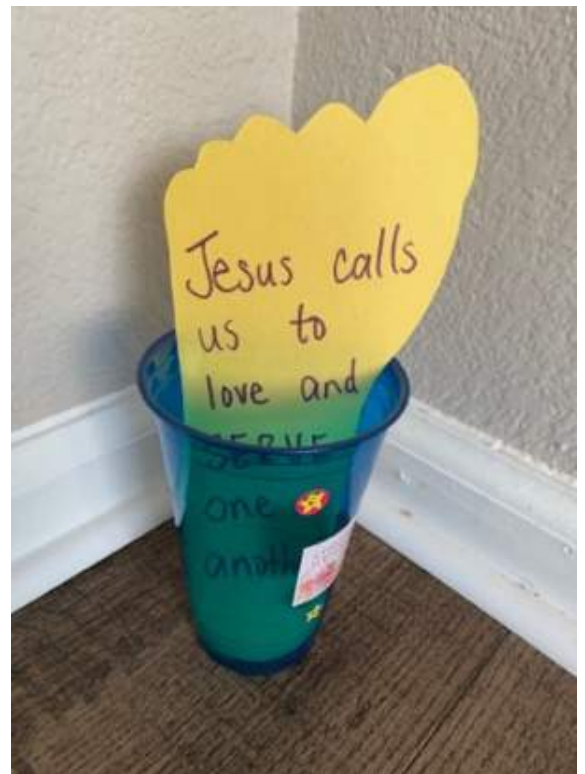
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### You will need:

- Paper or Styrofoam cups
- Stickers (optional)
- Markers or crayons
- Scissors
- Construction paper

### Procedure:

1. Decorate the cup with notes, stickers, or markers.
2. Trace a foot shape onto the construction paper.
3. Cut the foot out, and add a caption or verse to it.
4. Place the "foot" into the cup. Use as a reminder decoration, or miniature coin collector!



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# Other Craft Ideas: (For Good Friday)

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- Decorate a cross: this could be as simple as cutting out a paper or cardboard cross, or a more elaborate version. Consider a “wax melt” with crayons, if you have the materials.
- Bracelet: make a bead bracelet with colors that signify portions of the story.
- Personalized towel/wash cloth: use fabric markers to decorate a towel, in honor of the foot washing in the Last Supper.
- “Stained glass” style painting with a cross in the center.
- Tomb stone: Decorate a large rock to remember the stone that sealed the tomb of Jesus.







This lesson was prepared by [Kristin Schmidt](#), who serves at the Epiphany Lutheran Church in Castle Rock, CO.

She has shared her teaching gifts through *Ministry-To-Children* since 2014 and now serves as our lead curriculum writer.

Kristin has a professional background in elementary and pre-school education. A graduate of Biola University, she holds a Master of Education and will receive the Master of Theology degree from Concordia University, Irvine, California, in May

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## *Help you tell kids about Jesus!*

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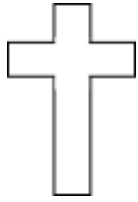
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# What Happened on Good Friday?

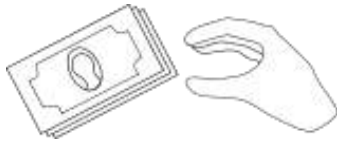


Jesus died on the cross to pay for my sins.

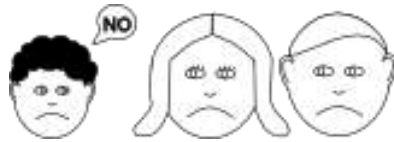
This means that I can pray and ask God to forgive my sins.



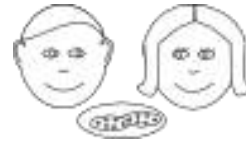
**What are sins?** A sin is anything I do that doesn't please God. Circle each picture that shows a sin.



stealing



talking back to my parents



sharing



lying

**Why did God send Jesus to die for our sins?** Because he loves us. Complete the verses about God's love for us.



love



Son



world

God \_\_\_\_\_d the \_\_\_\_\_ so much that he gave his only \_\_\_\_\_,



so that everyone who believes in him may not die but have eternal life. John 3:16

God showed his \_\_\_\_\_ for us by sending his only \_\_\_\_\_ into the \_\_\_\_\_,



so that we might have life through him. 1 John 4:9

He \_\_\_\_\_d us and sent his \_\_\_\_\_ to be the means by which our sins are



forgiven. 1 John 4:10

# What Happened on Easter?



On Easter morning  
Jesus came back  
to life.

This means that  
Jesus can give  
me new life.

Later he went back  
to live in heaven.

I can be happy now  
and go to heaven  
later.



## Why do we have bunnies and eggs as symbols of Easter?

Spring is a time of new life, and this reminds us of our new life in Jesus.

Find the springtime words in the puzzle.



BUNNY

A S T E G G  
F L O W E R  
T R E E R A  
B U N N Y S  
C H I C K S

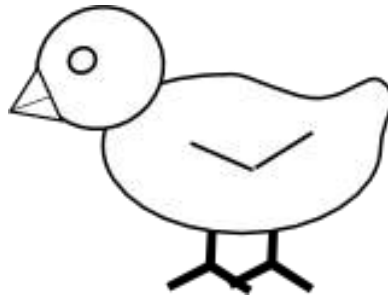


TREE

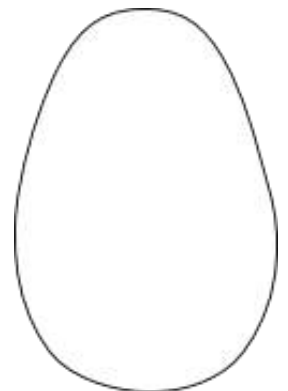


FLOWER

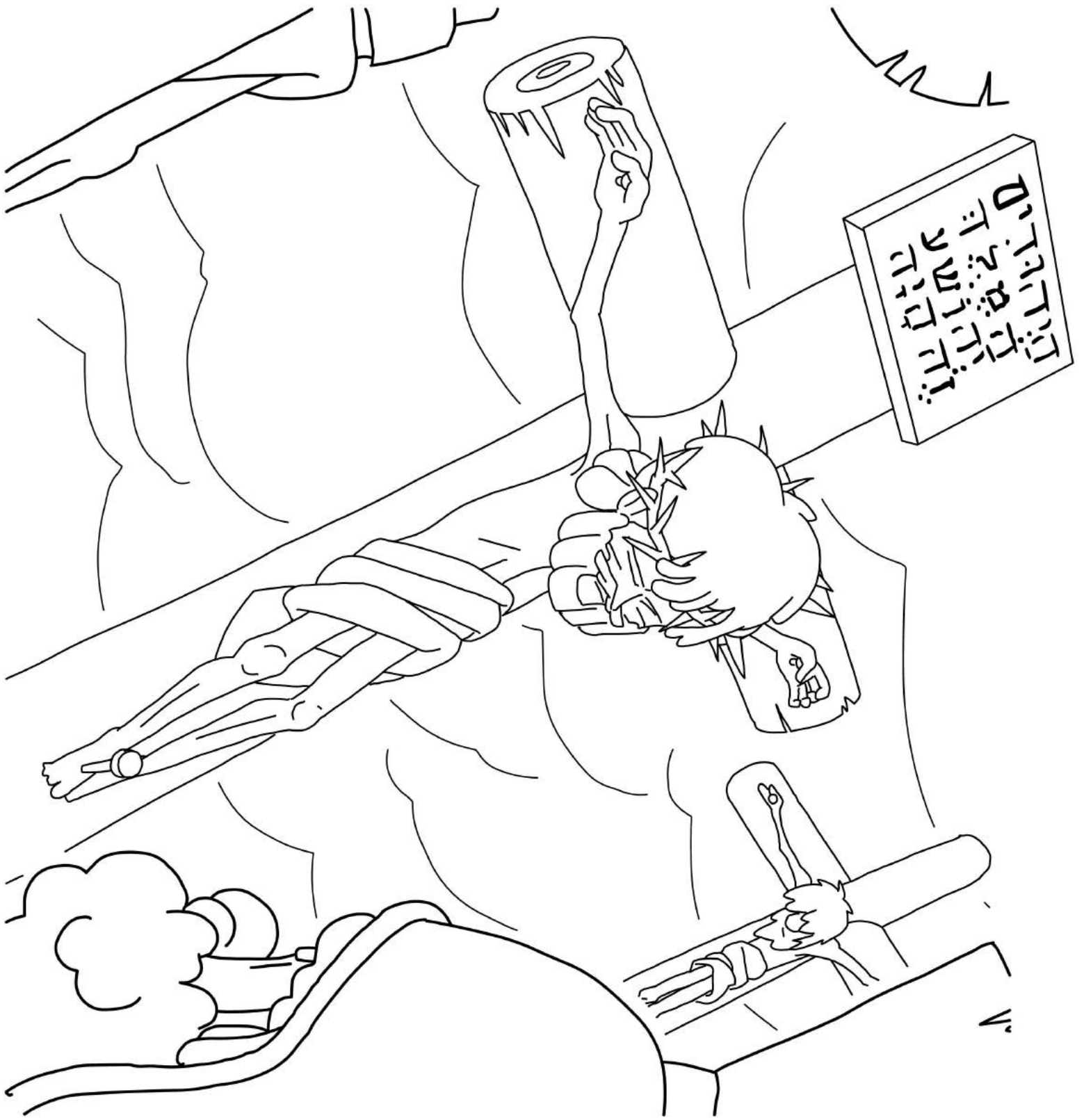
CHICK



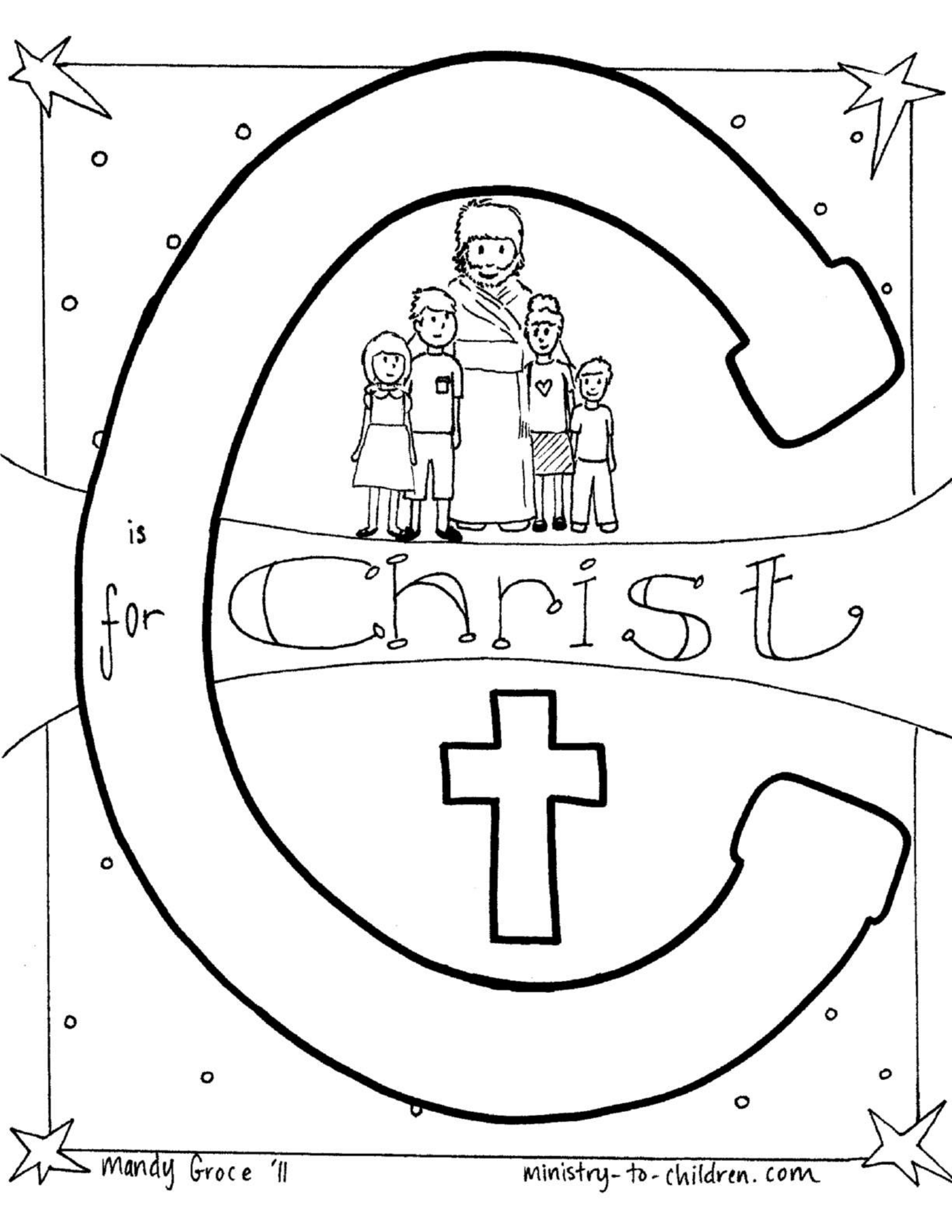
GRASS



EGG

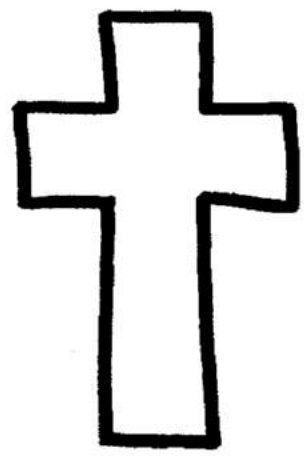


תורה תורה  
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is  
for

CHRIST



JESUS WAS CAPTURED



Carlos Bautista  
Ministry-To-Children.com



# Easter Game for Sunday School (Luke 24:1-12) Message

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 [ministry-to-children.com/easter-game-for-sunday-school](http://ministry-to-children.com/easter-game-for-sunday-school)

Reader Submitted

April 8,  
2019

This Easter Game idea was shared by Bible Games Central. Use it to add a fun element to your kids teaching plan as we approach Easter Sunday. Use the discussion points below to make it a full lesson for children's church too!



## Easter Egg Plate Relay

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Standing in a line, teams race to pass Easter eggs from one player to another using only paper plates. The first team to transfer all the eggs wins. This game can be used to introduce a lesson on Easter.

- Bible: Matthew 28:1-10, Mark 16:1-8, Luke 24:1-12, John 20:1-10
- Ages: 6 to 14
- Group Size: 10 or more

**Supplies:** Plastic Easter eggs (10-20 per team) (If you are not using this game for Easter, you can use table tennis balls or any small plastic balls of similar size), paper plates (2 per player), buckets or boxes (2 per team)

## How to Play

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The objective of this game is to transfer Easter eggs from one bucket to another. The eggs are passed from one teammate to another using paper plates.

Place buckets containing Easter eggs at one end of the room. There should be one bucket for each team. Make sure there are equal numbers of Easter eggs in each bucket. Space out the buckets so that each team has enough space to stretch out their arms without knocking into each other.

Divide the children into teams of 5 or more. Ideally each team has the same number of players.

Have the first player from each team stand next to the bucket of Easter Eggs. He/she should stand such that the bucket of Easter Eggs is on his right.

The next player stands roughly one arm-length away from the first player, facing the same direction as the first player, and so forth.

Place one empty bucket next to the last player of each team.

Give the first players of each team **one** paper plate to hold on his/her **left hand**.

Give the last players **one** paper plate to hold on the **right hand**.

Give all the other players **two** paper plates each, **one for each hand**.

On "go", the first players pick up one Easter egg with his/her right hand, puts it on his/her plate, and transfers the egg to the plate on the second player's right hand.

The second player transfers the egg to the plate on his left hand, then to the plate on the third player's right hand, and so forth.

The last player puts the egg into the empty bucket with his left hand.

Only after the last player places the egg in the bucket can the first player start with the next egg.

If the Easter egg drops at any time, it must be returned to the starting bucket.

The first team to finish transferring all the eggs wins.

## Bible Connection – Easter

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After playing this game, use this section to guide you in your Easter lesson.

### **Discuss**

1. Did you enjoy the game?
2. Did your team drop any of the eggs? Was it easy to keep the eggs on the plates?
3. Do you know what Easter is all about?

## **Say**

Although Easter eggs are not mentioned in the Bible, they are used by Christians around the world to symbolize the empty tomb of Jesus. Every year on Easter Sunday, we remember and celebrate the resurrection of Jesus.

## **Read**

Luke 24:1-12

## **Discuss**

4. What did the women expect to see inside the tomb?
5. Why was Jesus not inside the tomb?

## **Say**

The women went to the tomb to anoint the body of Jesus with the spices they had prepared. But the body of Jesus was not in the tomb. The angel explained to them that Jesus had risen from the dead. Jesus is alive!

Jesus is the Son of God. He came to earth to die on the cross to take the punishment for our sins. And on the third day, Jesus became alive again.

Because Jesus died on the cross, our sins can be forgiven. We can be with God and have a relationship with him. We can become his children and will one day be with him in heaven.

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