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# Clean Hands: Clean Hearts

Bible Craft Ideas: Mark 7:1-8, 14-15, 21-23

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How do we have good “heart hygiene”? These crafts recollect the importance of not only taking care of our physical bodies, but having the right heart intent as well. Children will consider the blessing and comfort of knowing that Jesus washes our inner sins away. A “Clean Up Box” provides a handy space for cleaning implements, as well as reminders of how to focus on Christ first and foremost. A hanging bathroom decoration serves to remind kids that hand washing is important, and a great time to say a prayer!



## Verses or Captions to Consider... (Mark 7:1-15)

*And he called the people to him again and said to them, “Hear me, all of you, and understand: 15 There is nothing outside a person that by going into him can defile him, but the things that come out of a person are what defile him.” -Mark 7:14-15*

*Wash your hands! And say your prayers...God is with us and He cares!*

*Wash your hands, say your prayers, germs and Jesus are everywhere!*

*Clean hands and cleaner hearts!*

*Be Clean...outside and in!*

*Box of cleaning...*

## More Teaching Ideas:

- Watch the video teaching example of this [children’s sermon](#) and [Bible craft idea demonstration](#) on the [Ministry-To-Children](#) YouTube channel.
- Compare another [Sunday School Lesson on Clean Hearts from Mark 7](#)

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## Craft one: "Clean Up Box"

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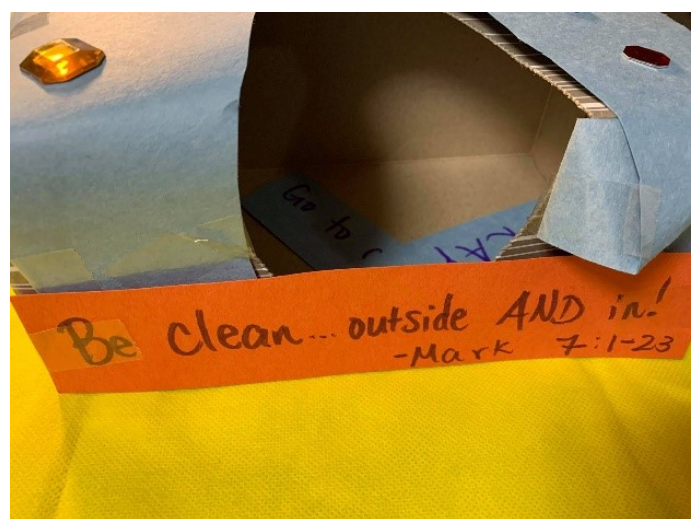
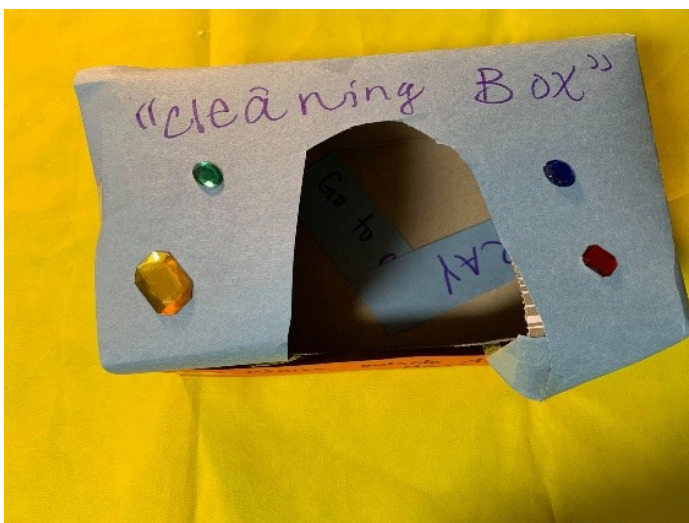
### You will need:

- Construction paper or cardstock
- Glue, tape, or staples
- Scissors
- Markers, crayons, etc.
- Box or container of some sort
- Other decorations (jewels, stickers, etc.)



### Procedure:

1. Cover the box/container with construction paper, cardstock, or wrapping paper.
2. Decorate the box with labels and verses.
3. Add decorative elements as desired.
4. Use the "clean up box" to store and hold cleaning products such as soap and hand sanitizer.
5. Place paper strips in the box with words or phrases to remember how to pursue a "clean heart."



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## Craft Two: “Clean Hands and Hearts Reminder”

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### You will need:

- Ribbon/yarn/string
- Pipe cleaners (optional)
- Stickers/decorations
- Markers/crayons
- Cardstock/paper
- Glue
- Scissors
- Hole punch
- Captions/verses



### Procedure:

1. Cut paper or cardstock into a heart shape.
2. Trace a hand (child's hand) on another sheet of paper, and cut it out as well.
3. Add captions to both papers, recounting the importance of washing hands and having clean intentions and heart attitudes.
4. Hole punch each shape. Place a pipe cleaner or ribbon through them.
5. Hang the decoration in a bathroom or near a sink as a pleasant reminder to “wash up”, inside and out!







Thank you for downloading these free materials. Our team is grateful for your trust and pray that God will bless your ministry.

This resource was prepared by [Kristin Schmidt](#) (pictured right). She serves at the Epiphany Lutheran Church in Castle Rock, CO. She has shared her teaching gifts through *Ministry-To-Children* since 2014 and now serves as our lead curriculum writer.



Every week she writes new [Sunday School lessons](#), [Bible crafts](#), and [children's sermons](#).

Kristin has a professional background in elementary and pre-school education. A graduate of Biola University, she holds a Master of Education and will receive the Master of Theology degree from Concordia University, Irvine, California, in May 2020. Kristin grew up in southern California and lived the past 10 years in Georgia. She is a long-distance runner and voracious reader.

My name is Tony Kummer (pictured below). I started Ministry-To-Children.com in 2007 as a free resource for anyone sharing Jesus with kids. It is my personal honor to share these resources with churches around the world.



[Reader donations](#) and your support at [The Sunday School Store](#) fund these free materials. Please keep us in mind when you are choosing your next children's ministry curriculum.

If you enjoy our material, be sure to [sign-up for my free email newsletter](#) called "Sunday School Works!" Every Tuesday, I send the latest new lessons, crafts, and coloring pages in print-friendly format to make your lesson planning easy.

May God continue to bless your ministry!

*Tony Kummer*