

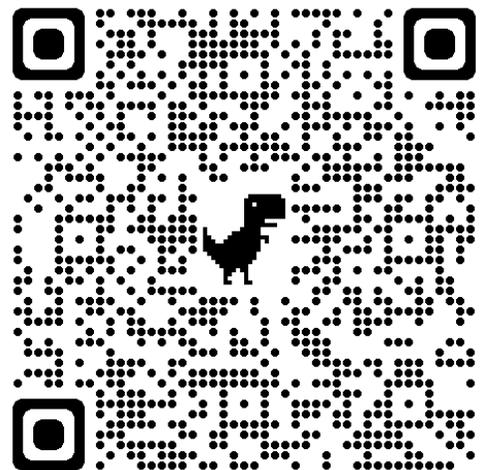


**"He Said What? 6-Week Children's Ministry Curriculum"** will help kids hear the words of Jesus for themselves as they deepen their relationship with Him. In our ever-changing world, kids are flooded with various messages and opinions, making it challenging to distinguish the truth. This overwhelming influx can lead to fear, doubt, and poor choices based on the loudest voice rather than the wisest one, leaving kids feeling lost. The 6 part study from the Sermon on the Mount, "**He Said What,**" will cut through the noise, focusing on Jesus' teachings. This curriculum will instill timeless truths directly applicable to kids' lives, providing a reliable guide in a confusing world.

**Big Idea:** Because Jesus loves me, He teaches me about God.

**Memory Verse:** Matthew 7:28-29

You are viewing the first week's lesson as a free sample, use this link or QR code to purchase the complete 6-part curriculum.



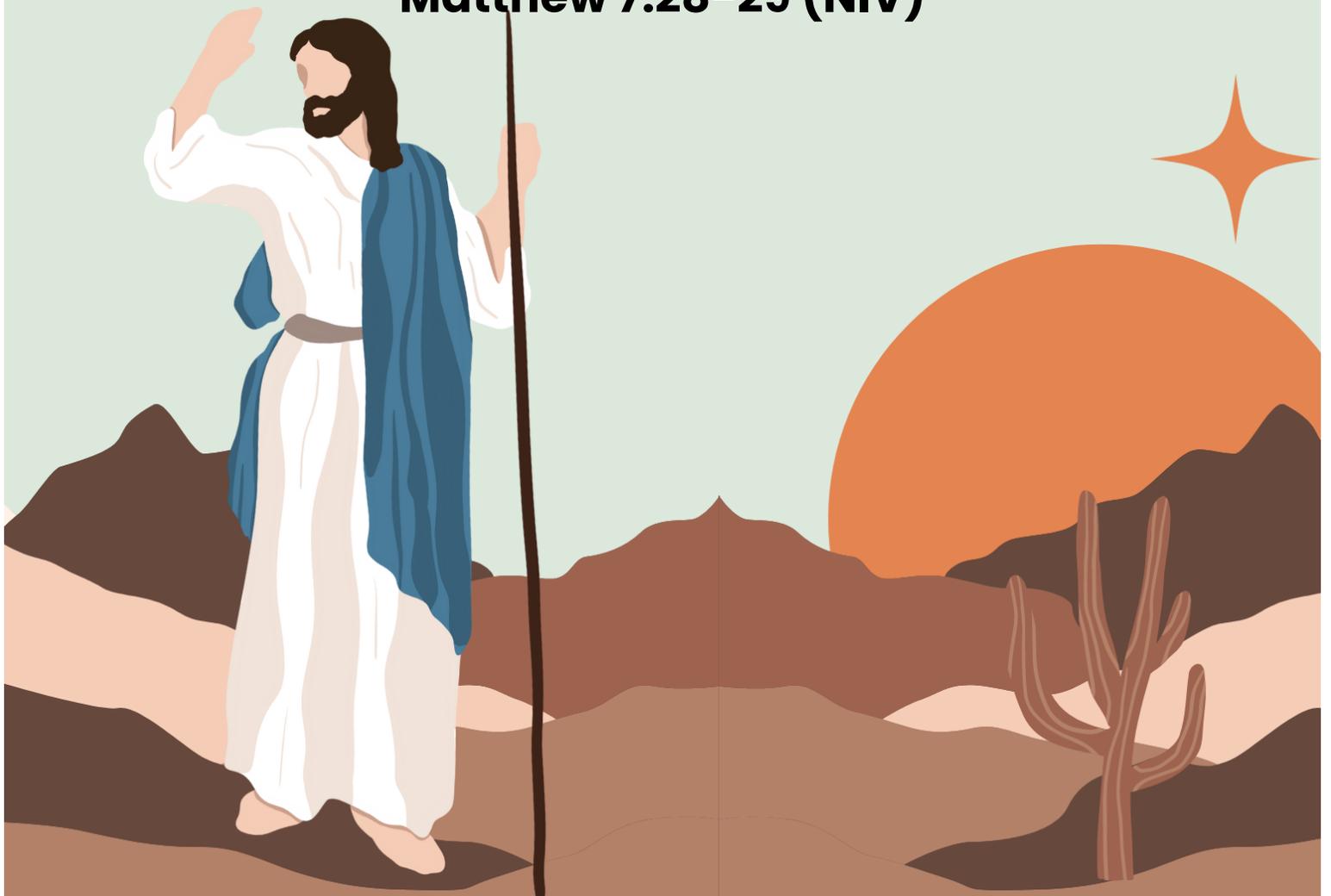
<https://sundayschool.store/products/he-said-what-6-lesson-children-s-ministry-curriculum-sermon-on-the-mount>

# HE SAID WHAT?

6-week children's ministry curriculum

**When Jesus had finished saying these things,  
the crowds were amazed at his teaching,  
because he taught as one who had authority,  
and not as their teachers of the law.**

**Matthew 7:28-29 (NIV)**

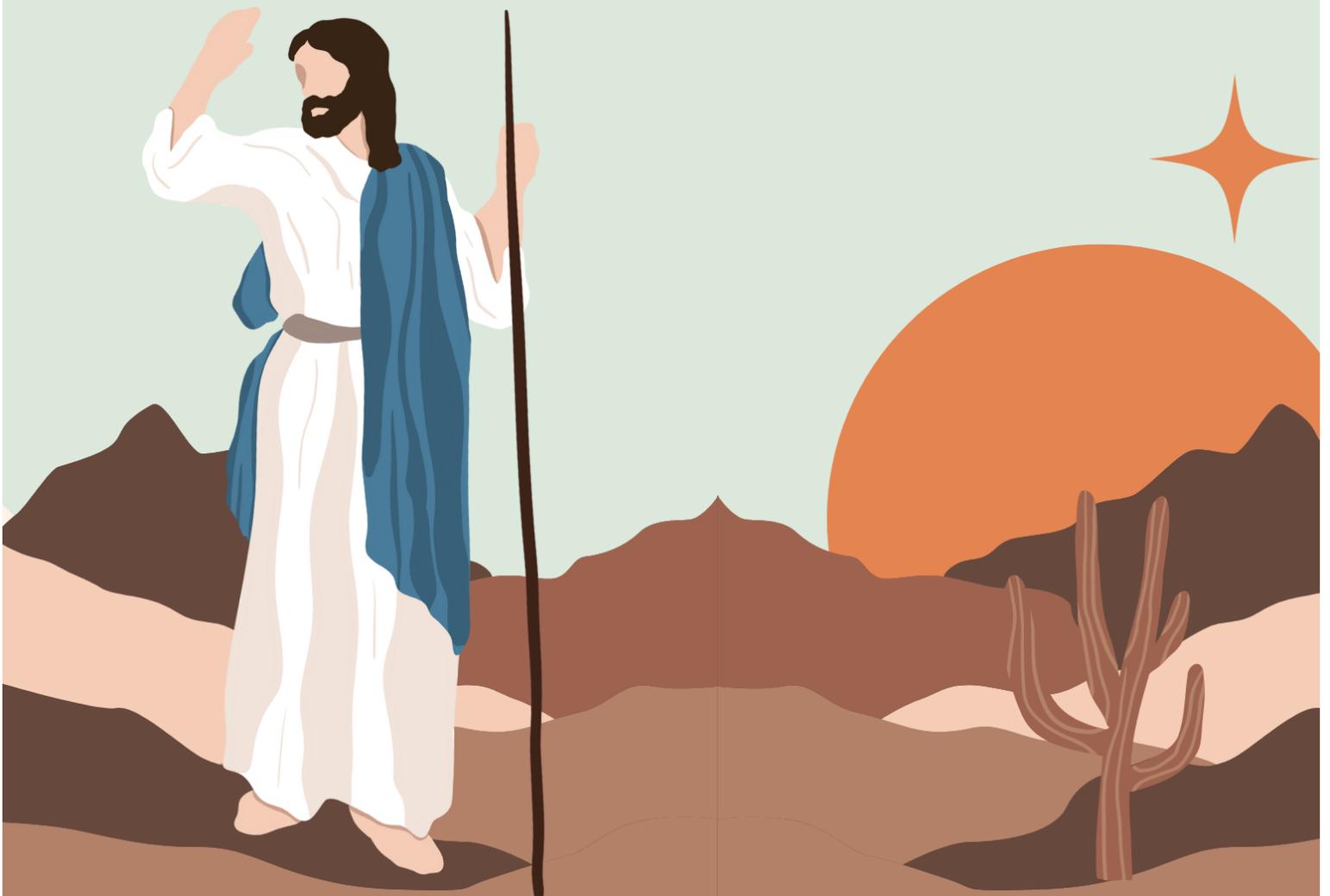


# HE SAID WHAT?

6-week children's ministry curriculum

**And it came to pass, when Jesus had ended these sayings, the people were astonished at his doctrine: For he taught them as one having authority, and not as the scribes.**

**Matthew 7:28-29 (KJV)**





## Lesson 1

### *"You Are Blessed" Matt. 5:1-12*

**Summary:** What does it mean to be blessed? When Jesus walked the earth, He had a lot to say about those who are blessed. You may be surprised at what He said. In this first week of our study of the Sermon on the Mount, we will learn exactly what Jesus taught about being blessed and how those who are blessed should live.

**Gospel Connection:** Jesus promised His followers that they may also experience suffering. But Jesus does not leave us without help. God has given us His Holy Spirit. The Holy Spirit empowers believers in Jesus to endure suffering. We receive a reward that lasts forever.

**Big Idea:** Because Jesus loves me, He teaches me about God.

**Memory Verse:** Matthew 7:28-29

**Additional Passages and Stories:** Matt. 5:1-12

# Memory Verse Activity:

Keep Going

Suggested time: 5–10 minutes

Supplies: paper; markers; stopwatch (optional)

Instructions:

- Form two groups of kids. If you have a large number of kids, you may make more than two teams.
- Distribute a piece of paper and marker to each group. Direct each group to sit in a circle and designate a team leader.
- Each team leader will begin the game by printing the first word of the memory verse on a piece of paper. They will pass the paper to the person sitting to their right. This person will print the next word of the verse and pass it on. This will continue with each player.
- If a player doesn't know the word, he can skip his turn and pass the paper to the next player. He will say, "Keep going!" as he passes it on.
- Play will continue until a team finishes the verse.
- If your group thrives on friendly competition, consider using a stopwatch to track the time each team takes to complete the verse.

LEADER: One of the blessings Jesus taught about during the Sermon on the Mount was the great reward in heaven for all believers. We must continue to keep going no matter what. As you work to memorize this verse, remember that in Jesus, we have all the blessings we need.

# Lesson Illustration

Tricky tasks

Suggested time: 7-10 minutes

Supplies: fitted bed sheet

Instructions:

- Before the lesson, ensure that you know how to fold a fitted sheet. Search online for a video tutorial if you need help.
- During the lesson, choose a volunteer. Direct him to fold a fitted bed sheet. Don't offer any assistance or suggestions.
- After a minute or two, ask the volunteer if he found this task difficult.
- Demonstrate with the volunteer's help how to fold a fitted sheet. Ask the volunteers which technique they prefer and why.

LEADER: Life is filled with tricky tasks, like folding a fitted bed sheet, that can feel frustrating to accomplish if we aren't sure how to do it. In a similar way, living for God can be tricky if we don't pay attention to what Jesus taught.

Jesus knew that we'd face situations that feel spiritually tricky, like when people treat us badly or judge us unfairly. In one of Jesus' sermons, He told people that they were blessed when they faced those kinds of tricky situations. That may seem strange; why would hard times be a blessing? Today we'll learn that Jesus was speaking about the spiritual blessings He provides that help our hearts remain pure in this sinful world.

Transition to **Large Group Teaching**.

# Large Group Teaching:

Suggested Time: 15–20 minutes

LEADER: Today's lesson is from the gospel of Matthew. Matthew was a tax collector, but when he met Jesus, he gave up his old life to follow Him. Matthew wrote this gospel to the Jewish people, who were very interested in the Old Testament prophecies about the Kingdom of God. That's why Matthew recorded so many stories of Jesus teaching about God's kingdom. Matthew helps us understand that Jesus is the King who will reign forever..

*READ: Matt. 5:3*

LEADER: Matthew 5:1-12 are referred to as *the Beatitudes*. Beatitudes is an old fashioned way to say *blessings*. This verse says that the one who is poor in spirit is the person who will inherit God's kingdom. But does this mean the kingdom of heaven is only for the poor? Instead of focusing on the amount of money in your piggy bank, what Jesus taught here focuses on a person's heart. Do you know how much you really need God? The person who is poor in spirit is the one who knows that without God he or she has nothing. God's kingdom is opened wide to people who know they need Him! It is a blessing to know you can go to Jesus our Savior to be rescued. This is good news and anyone who believes it is blessed!

*READ: Matt. 5:4-6*

LEADER: Jesus went on to talk about other things that make a person blessed. For example, if you mourn, are humble, and hunger and thirst for righteousness, you are blessed! You might be wondering how all these are related to God's blessings. It is a good thing when people are sorry for their sin. When you are sorry for your sin, you can turn to God and experience His forgiveness. There's no greater blessing than to be forgiven of your sins.

Similarly, seeking forgiveness requires humility. What do you think it means to hunger and thirst for righteousness? [Allow responses.] Good answers. Just as our bodies might crave food or water when we don't get enough, our souls can learn to crave God, the difference is, the more we spend time with God, the deeper our cravings will grow. But on our own, we won't want much to do with God.

Thankfully, God is able to give us new wants and desires. He can help us want the things that make Him happy.

*READ: Matt. 5:7-10*

LEADER: Jesus continued to teach that when people show mercy, are pure in heart, are peacemakers, and are persecuted, they are blessed. Obviously, God's blessings look different from what people might normally say are blessings.

*READ: Matt. 5:11-12*

LEADER: When we are insulted and people say mean things about us because of our love for God, we can be happy. You might want to feel sadness or anger, but Jesus says to have joy. But how? How do you think we can respond to difficult circumstances in the way Jesus described? [Allow responses.] Good answer! The only way is through Jesus!

When we have faith in Jesus, it changes everything. We gain a future hope for eternal life. Anything hard we go through on earth is nothing compared to the awesome love Jesus fills us with. He changes us to make us blessed.

# Small Group Discussion and Prayer:

Suggested time: 10–15 minutes

Discuss the following questions. Choose questions that are most appropriate for your group's age and attention level.

- How can someone who is poor in spirit have hope?
- Which of the blessed groups do you feel like a part of?
- How can we view hard times as a blessing?
- Who can make us pure in heart?

Take some time to share prayer requests. Then lead the kids in prayer. You may also read the prayer below.

Dear God,

Thank You for giving us Jesus.

Thank You Jesus for the encouragement You

Give us to live this life. Help us to believe

everything You have said.

Thank You for being patient with us when we have needs.

Thank You for Your forgiveness and mercy

because we can now show others mercy.

Help us to keep our hearts pure by obeying Your word.

Help us to be peacemakers

And help us to remain strong when we face difficulty.

In Jesus name, Amen!

# Application Game

## Target Practice

Suggested time: 10 minutes

Supplies: 3 pieces of white paper; marker; 20–25 wadded paper balls; tape; stickers

### Instructions:

- Before the lesson, draw small targets on each sheet of paper. Tape each target to one wall.
- During the lesson, form three teams of kids and instruct the teams to each line up across from a target.
- Players from each team will have two attempts to hit the target. On the first attempt, players will face away from the target tossing the paper wad over their shoulders. Use stickers to mark where wads hit to gauge how many kids get close to the target.
- On the second attempt, players must say, “I need help” before turning around to face the target. Regardless of where they hit, place a sticker in the center of each target, saying “Jesus hit the target for you!”

LEADER: Have you ever felt like you needed a little help? In the Sermon on the Mount, Jesus wanted us to know there were blessings for living for God’s kingdom. The target represents God’s perfect standard for how to live. When we don’t know our spiritual need, we can’t receive God’s help for the forgiveness of our sins. Once we have been rescued from sin, we are given power from the Holy Spirit to help us obey God’s teachings. Without this, we can never hit God’s perfect mark. Apart from Christ, we cannot know God or see His ways. In Christ, we are made perfect by Jesus’ perfection.

# Application Craft

The Bee-attitudes

Suggested time: 10 minutes

Supplies: Yellow and black construction paper; white paper plates; markers; white crayons; brad fasteners; scissors; glue sticks; empty coffee can (optional); rulers (optional)

Instructions:

- Distribute a paper plate to each kid. Help the kids draw lines that divide the plate into eight equal sectors.
- Instruct the kids to print the following in each sector: poor, mourners, humble, righteous, merciful, pure in heart, peacemakers, and persecuted.
- Demonstrate how to trace and cut a circle that is slightly smaller than the paper plate onto a piece of black construction paper. Consider using a coffee can as your guide. Cut away a sector representing an eighth of the circle.
- Fold the yellow paper in half. Along the fold, draw the shape of a large wing that resembles a "B". Cut this out and unfold the wings.
- Glue the wings to the plate. Use a brad fastener to secure the the black circle to the center of the plate so it spins freely.



LEADER: The word Beatitude means blessings or happiness. Even when we face difficulty, we can live a blessed life. Jesus wants us to have joy when we make peace with others, live humbly and show mercy.

# Bible Word Search

Jesus - Blessed - Children - Spirit - Kingdom

Heaven - Mercy - Heart - Peace - Love - Bible - Joy

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H	E	A	V	E	N	L	H	Q	K	A
A	C	H	I	L	D	R	E	N	I	T
I	J	B	J	H	J	K	A	B	C	A
D	P	J	E	K	J	I	R	Q	S	F
M	X	Q	S	I	G	N	T	N	O	E
J	O	Y	U	O	M	G	S	Z	Y	E
B	L	E	S	S	E	D	P	Q	A	F
V	O	R	O	P	R	O	I	L	X	D
A	V	I	L	V	C	M	R	Q	A	X
P	E	A	C	E	Y	B	I	B	L	E
B	M	O	S	L	X	D	T	K	A	N

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# Word Search Answers

H E A V E N L H Q K A  
A C H I L D R E N I T  
I J B J H J K A B C A  
D P J E K J I R Q S F  
M X Q S I G N T N O E  
J O Y U O M G S Z Y E  
B L E S S E D P Q A F  
V O R O P R O I L X D  
A V I L V C M R Q A X  
P E A C E Y B I B L E  
B M O S L X D T K A N

BLESSED  
ARE THE...

