



4-WEEK CHILDREN'S MINISTRY CURRICULUM

As children head back to school, it's a crucial time to remind them that God is always with them, no matter their challenges. The "Back to School" curriculum is designed to equip children with a deep sense of God's presence and support through engaging Bible stories, practical life applications, and a clear Gospel message. This curriculum prepares kids for the academic challenges ahead and empowers them to share the love of Jesus with their peers, making a significant impact in their schools and communities.

You are viewing the 1st week's lesson as a free sample. Don't miss the complete [Back To School 4-Week Curriculum](#) available from The Sunday School Store.

Back To School: 4-Lesson Sunday School Curriculum for Children's Ministry is an engaging and spiritually enriching curriculum designed to help children transition smoothly into the new school year with a strong sense of God's presence. This four-week series teaches children that God is their Helper, Provider, Protector, and Guide through captivating Bible stories, practical life applications, and a clear Gospel message. Each lesson reinforces the overarching theme "God is With Me!" and emphasizes that Jesus is always with them, offering His love and support. By choosing this curriculum, you equip children with the faith and confidence to face new challenges, build friendships, and share the love of Jesus in their schools.



Week 1: "God is My Helper"

- **Main Idea:** God empowers us to face our greatest challenges.
- **Bible Story:** David and Goliath (1 Samuel 17)
- **Life Connection:** Just as God empowered David to defeat Goliath, we can trust God to help us face any challenge at school.
- **Gospel Connection:** Jesus, our Savior, conquered sin and death. By trusting in His sacrifice, we are empowered to share His love and strength with others.

Week 2: "God is My Provider"

- **Main Idea:** God provides for our needs in miraculous ways.
- **Bible Story:** Elijah and the Widow at Zarephath (1 Kings 17:8-16)
- **Life Connection:** As God provided for Elijah and the widow, He will provide for us in our daily needs, including school supplies and friendships.
- **Gospel Connection:** Jesus' sacrifice on the cross provides for our greatest need—salvation. We can rely on His provision and share His love with others.

Week 3: "God is My Protector"

- **Main Idea:** God protects us from harm and danger.
- **Bible Story:** Daniel in the Lion's Den (Daniel 6)
- **Life Connection:** Just as God protected Daniel from the lions, He protects us from harm and fear. We can trust Him in all circumstances.
- **Gospel Connection:** Jesus' sacrifice protects us from the ultimate consequence of sin. By believing in Him, we have eternal life and can confidently share His protection with others.

Week 4: "Jesus is with Me"

- **Main Idea:** Jesus is always with us, guiding and supporting us.
- **Bible Story:** The Great Commission (Matthew 28:16-20)
- **Life Connection:** Jesus promised to be with us always, even as we go through our daily lives at school. We can rely on His presence and guidance.
- **Gospel Connection:** Jesus' promise to be with us forever reassures us of His love and support. By trusting in His sacrifice, we have eternal life and can boldly share His message with others.

Video Bible Stories: Use this link to access recommended Bible story videos and bonus content for this curriculum series. https://linktr.ee/backtoschool_lessons



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Introduction & Group Game

“Goliath's Challenge”

TEACHER: Good morning, everyone! I'm so excited to see all of you today. As we get ready to start a new school year, I know that some of you might be feeling a little nervous or unsure about what lies ahead. But guess what? We have an amazing helper who is always with us. Over the next few weeks, we're going to learn about how God helps us, provides for us, protects us, and is always with us. But first, let's play a fun game to get us thinking about the kinds of challenges we might face and how we can overcome them with God's help.

Supplies:

- Masking tape or chalk (to mark a start and finish line)
- A small soft ball or beanbag

Instructions:

1. **Set Up:** Use the masking tape or chalk to create a start line and a finish line about 10 feet apart. Divide the children into two teams.
2. **Game Play:** Each team will line up behind the start line. The first player on each team will hold the small soft ball or beanbag. When you say “Go,” the first player will balance the ball on their head and walk to the finish line and back to the start line. If the ball falls, they must stop and place it back on their head before continuing. Once they return to the start line, they will pass the ball to the next player in line, who will do the same. The first team to have all their players complete the challenge wins!

3. Debrief: After the game, gather the children together. Ask: What was challenging about the game? How did you feel when the ball fell off your head? How did you overcome those challenges? Relate their answers to the idea that just like balancing the ball was a challenge, we all face challenges in life. But we don't have to face them alone—God is always there to help us.

TEACHER: Great job, everyone! Now, let's settle in and get ready to hear an incredible story from the Bible about a young boy named David who faced a giant challenge with God's help.

Object Lesson

"God's Power in Our Weakness"

Supplies:

- A small, smooth stone (to represent the stone David used)
- A large, heavy object (like a big book or a box) labeled "Challenges"
- A small stick or dowel (to represent David's slingshot)
- A piece of paper and a pen

TEACHER: Today, we will learn about how God is our helper, especially when we face big challenges. We just played a fun game where we had to balance a ball on our heads, and we talked about how it can be hard to do things on our own. Now, let's see how God helps us in a powerful way through a special object lesson.

Here, I have a small, smooth stone. This stone might look tiny and insignificant, but in the Bible story we're about to hear, God used a stone just like this one to help David, a young shepherd boy, defeat a giant named Goliath. David was small, and Goliath was huge and intimidating, much like this big, heavy object I have here, which I've labeled "Challenges."

Show the large object labeled "Challenges."

Sometimes, our challenges can seem as big and heavy as this object. They might be things like making new friends at school, understanding tough subjects, or feeling scared about a big test. These challenges can feel impossible to overcome on our own.

Place the small stone next to the large object.

But just like David, we have something very important. We have God on our side. David didn't rely on his own strength to fight Goliath. He trusted in God's power. Let me show you what I mean.

Take the small stick or dowel.

This stick represents the slingshot that David used. It might not seem like much, but when David trusted God and used what he had, God made it enough to defeat the giant.

Now, let's write a few of our challenges on this piece of paper.

Ask the children to suggest some challenges they face, and write them down on the paper. Then place the paper on the large object.

We see our challenges here. They look big and tough, don't they? But remember, with God's help, no challenge is too big.

Use the small stone and stick to "knock down" the paper and/or the large object, demonstrating how even something small can overcome something big with God's help.

See? With God's help, David was able to defeat Goliath. And with God's help, we can overcome our challenges too. It might not be easy, and it might not happen right away, but God is always with us, ready to help us, just like He helped David.

Let's keep this in mind as we listen to our Bible story today. Remember, God is our helper, and with His help, we can face any challenge that comes our way.

Bible Story

“David and Goliath”

TEACHER: I’m excited to share this amazing story about a young boy named David and a giant named Goliath. This story shows us that God is our helper, no matter how big our challenges might seem.

READ: 1 Samuel 17:4-11

So, there was this giant named Goliath. Imagine someone so tall and strong that everyone was scared of him! He wore heavy armor and carried a huge spear. Every day, Goliath would come out and challenge the Israelites, shouting at them and daring anyone to fight him. But guess what? No one was brave enough to face him. Goliath was like a giant bully. The Israelites were terrified! Now, let’s think about this. Have you ever faced something that made you really scared? Maybe it was a big test at school or a new sport you were trying for the first time. Sometimes, challenges seem too big for us to handle alone.

READ: 1 Samuel 17:32-37

Now, here comes David. He wasn’t a real soldier; he was just a young shepherd boy. But David wasn’t afraid of Goliath. He knew that God would help him. David told King Saul, “Don’t worry! I’ll fight Goliath. God has helped me protect my sheep from lions and bears, and He will help me defeat this giant, too!”

David had a lot of faith, didn’t he? He trusted that God would help him, just like He had before. Let’s raise our hands if we’ve ever had to do something we thought was

really hard. Yes, we all have! But remember, just like David, we can trust God to help us through those tough times.

READ: 1 Samuel 17:40–47

David didn't wear armor or carry a big sword. Instead, he took his sling and chose five smooth stones from a stream. Goliath laughed at David, but David said, "You come against me with a sword and spear, but I come against you in the name of the Lord Almighty. This day, the Lord will deliver you into my hands!"

Wow! David was so confident because he trusted in God's power, not his own. Sometimes, when we face big problems, we might feel small and weak. But God is strong, and He can help us overcome anything.

READ: 1 Samuel 17:48–50

When Goliath moved to attack, David ran toward him. He took out a stone, put it in his sling, and flung it at Goliath. The stone hit Goliath right in the forehead, and the giant fell face down to the ground. David defeated Goliath with just a stone and a sling because God was with him!

Can you believe it? David won not because he was strong but because God helped him. It's like when we face something hard, and we remember that God is with us. We don't need to be the hero because God has our back!

GOSPEL CONNECTION: Just like David trusted God to help him defeat Goliath, we can trust Jesus to help us with our biggest challenges. Jesus came to save us from our sins by dying on the cross and rising again. We can overcome any challenge when Jesus is with us. We don't have to rely on our own strength. We can trust in Jesus' sacrifice and share His love with others.

Discussion Questions & Prayer

LEADER: You all did an amazing job listening to the story of David and Goliath today. I can see that you were paying close attention, and I'm proud of each of you for being such great listeners. Now, let's talk a bit more about what we learned today. I have a few questions, and I'd love to hear what you think.

Discussion Questions:

1. How do you think David felt when he saw the giant Goliath? Have you ever faced something that seemed really big and scary? How did you feel?
2. Why do you think David was so confident that he could defeat Goliath? What helped him to be brave?
3. Can you think of a time when you needed help with something difficult? How did God help you, or how can you trust God to help you next time?

Prayer Requests: Before we finish, does anyone have any prayer requests? Maybe there's something at school, at home, or with friends that you would like us to pray about. You can share as much or as little as you like, and we can pray together.

Let's pray. Dear God, thank You for always being with us and helping us, just like You helped David. We know that with Your help, we can face any challenge. Please be with us as we start this new school year. Help us to be brave and to remember that You are always with us. We pray for all the requests shared today, and we ask that You give us peace and strength. In Jesus' name, Amen.

God helped David. He can help us, too!



Word Search Puzzle

DAVID - GOLIATH - GIANT - SLING - STONE - ARMOR

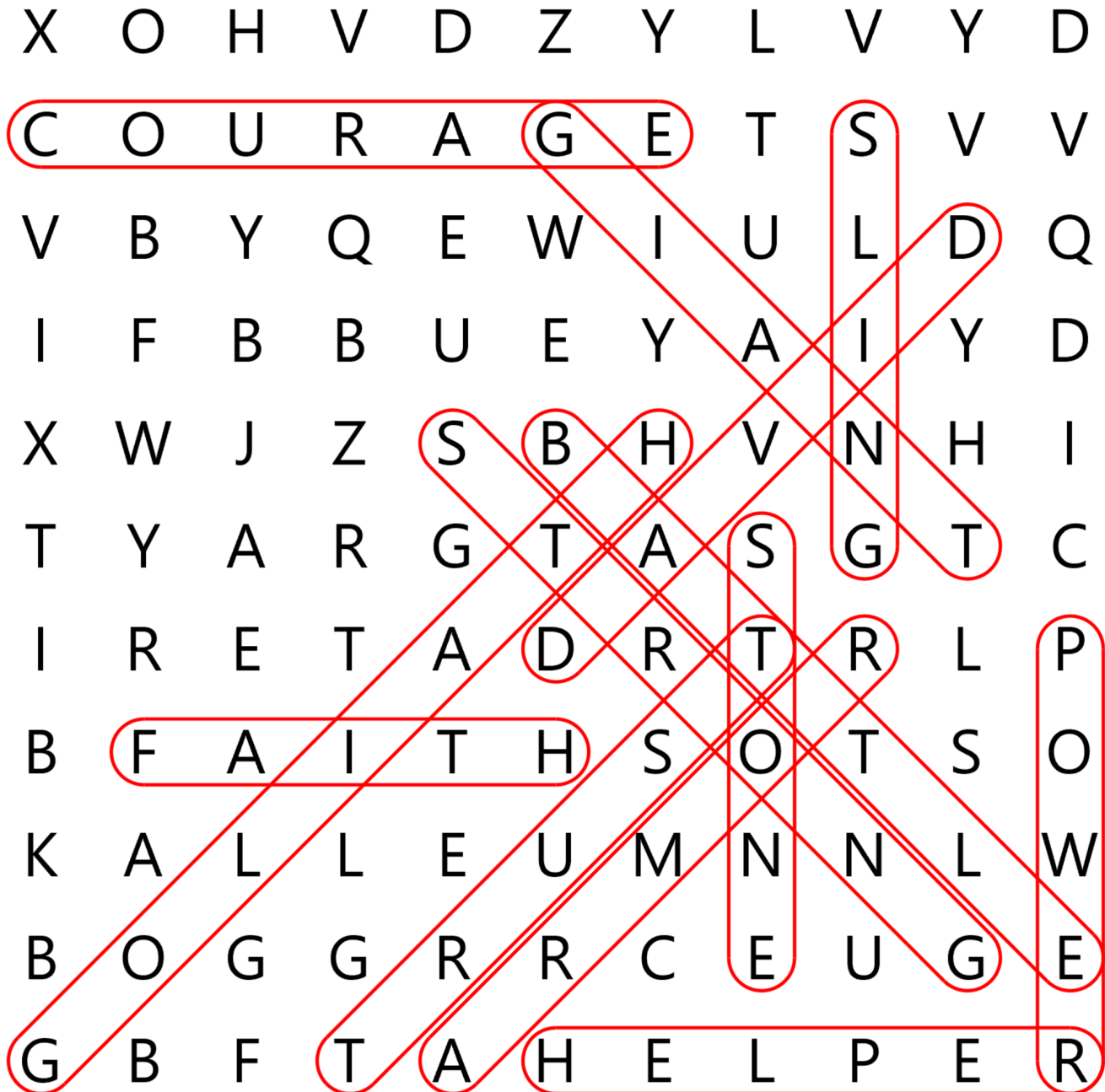
FAITH - HELPER - TRUST - POWER - STRONG - BATTLE - COURAGE

X	O	H	V	D	Z	Y	L	V	Y	D
C	O	U	R	A	G	E	T	S	V	V
V	B	Y	Q	E	W	I	U	L	D	Q
I	F	B	B	U	E	Y	A	I	Y	D
X	W	J	Z	S	B	H	V	N	H	I
T	Y	A	R	G	T	A	S	G	T	C
I	R	E	T	A	D	R	T	R	L	P
B	F	A	I	T	H	S	O	T	S	O
K	A	L	L	E	U	M	N	N	L	W
B	O	G	G	R	R	C	E	U	G	E
G	B	F	T	A	H	E	L	P	E	R

Word Search Answers

DAVID - GOLIATH - GIANT - SLING - STONE - ARMOR

FAITH - HELPER - TRUST - POWER - STRONG - BATTLE - COURAGE



Craft Activity

"David's Sling and Stone"

Supplies Needed:

- Brown or tan yarn or string (about 12 inches per child)
- Small stones (or wadded-up pieces of aluminum foil if stones are not available)
- Index cards or small pieces of sturdy paper
- Markers or crayons
- Tape or glue



Step-by-Step Directions:

1. Prepare the Sling: Give each child a piece of yarn or string about 12 inches long. Show the children how to tie a knot at each end of the yarn to create loops for holding the sling.
2. Decorate the Stone: Provide each child with a small stone or a piece of aluminum foil that they can wad up into a ball to represent a stone. Have the children decorate their stones with markers or crayons. They can draw symbols or write words like "Faith" or "Trust" on their stones.
3. Create a Message Card: Hand out index cards or small pieces of sturdy paper to each child. Ask the children to write or draw a picture of David and Goliath on one side of the card. On the other side, they can write a short message like "God is my helper" or "Trust in God."

4. Attach the Stone to the Sling: Show the children how to place their decorated stone in the middle of the yarn. Use tape or glue to secure the stone in place if needed.
5. Complete the Craft: Have the children hold the loops of the yarn in their hands, showing how David might have used his sling. Encourage them to share their message cards with a friend or family member and tell them about how God helped David.



Week 1 – Note for Parents

Today, your child learned about how "God is My Helper" through the story of David and Goliath. This lesson is part of our "Back to School" curriculum, which focuses on the theme "God is With Me!" By exploring how God empowered David to face a giant, your child is learning to trust God with their own challenges, especially as they head back to school. The Gospel connection emphasizes that Jesus, our Savior, conquered sin and death. Through trusting in His sacrifice, we are empowered to share His love and strength with others.

Thank you for investing in your child's spiritual development by bringing them to today's lesson. We are excited to continue this journey with them, helping them grow in faith and confidence, knowing that God is always with them.